Compagnie des Guides de Chamonix

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SKI TOURING - THE MONTE ROSA 4000M PEAKS

Duration: 4 | Fitness: ▲▲▲▲▲ | Technique: ▲▲▲▲▲ | Price from: 1 320 €

SKI TOURING AMONG THE 4,000M PEAKS OF MONTE ROSA

The Monte Rosa massif includes around a dozen peaks over 4,000 metres and offers an **outstanding playground for ski touring**, with some of the most spectacular descents in the Alps. We invite you to discover this extraordinary area on a traverse from the Gressoney Valley to Zermatt. Straddling Italy and Switzerland, the massif offers stunning glacial landscapes and the opportunity to climb several 4,000-metre peaks. This programme is a logical extension of the Chamonix-Zermatt Haute Route, allowing you to discover other legendary mountains around Zermatt while continuing your high-altitude journey through this unique part of the Alps.

OUR SKI TOURS IN THE SWISS VALAIS

This tour is part of a series of ski tours that we have carefully selected for you to explore the **majestic mountains of the Swiss Valais**. Each of these tours promises an outstanding skiing experience in breathtaking Alpine scenery. Spend an extraordinary night at the Dents du Midi bivouac, set against a stunning backdrop. Revel in the atmosphere of Saas-Fee's 4,000-metre peaks, or explore the mountains between Verbier and Zermatt.

ITINERARY

Day 1

Transfer from Chamonix to the Gressoney Valley in Italy and the village of Stafal, via the Mont Blanc Tunnel. We take the ski lifts up to Indren (3,275 m), the highest point of the Gressoney ski area. We then set off on a first ski tour towards Punta Giordani (4,046 m). We ski back down before continuing with a beautiful descent to the Orestes Hut (2,625 m), located just next to the ski area.
Vertical ascent: 500 m / Vertical descent: 500 m

Day 2

After a first descent to Gabiet, we take the ski lifts to Indren (3 275m), from where we head to the Montova hut (3 500m). Once again we can lighten our packs here before heading for our first 4000er: the Vincent Pyramid (4 215m). The gentle gradient of the slopes here is made for skiing. We descend via the same route to the hut, where we spend the night.
Vertical ascent: 940m / Vertical descent: 715m

Day 3

We set off towards the Col de Lys (4,256 m). Once again, the gentle slopes provide excellent skiing terrain. Throughout the ascent, the glacial atmosphere is particularly striking and the views are spectacular. From the Col de Lys, we may continue towards Punta Gnifetti (4,554 m). We then descend the Grenz Glacier, which offers a truly spectacular descent between the Dufourspitze (4,634 m) and the Lyskamm (4,527 m), before reaching the Monte Rosa Hut (2,883 m), where we spend the night.
Vertical ascent: 1,054 m / Vertical descent: 1,670 m

Day 4

From the Monte Rosa Hut, we make an ascending traverse towards Ob dem See (approximately 2,800 m). Crossing this rocky shoulder requires us to progress with our skis on our backpacks along an equipped section before reaching the Gorner Glacier.

We then climb this vast, gently angled glacier, dominated by the impressive serac barriers of the Monte Rosa glaciers. We cross the glacier to the Stockhornpass (3,382 m), then continue to the summit of the Stockhorn (3,532 m). We then begin our descent towards the Findel Glacier and the Zermatt ski area. We reach Gant, then take the ski lifts up to Blauherd, from where we ski down the pistes to Zermatt.
Vertical ascent: 720 m / Vertical descent: 1,520 m

GROUP BOOKING

A group booking brings together several people who do not necessarily know each other. For a set programme, it offers an attractive price on fixed dates. This option is ideal for people looking for the friendly atmosphere of a group.

Dates
See below for the group booking module.

Price 2027
1 320€ per person based on a minimum of 4 participants.
Registration possible from the age of 18.

This price includes
- IFMGA English-speaking mountain guiding service
- Half-board in mountain huts (dinner, breakfast and overnight stay)
- Ski lift access as per programme
- Transfers as per programme
- Rental of a full safety kit (avalanche transceiver/DVA, shovel, probe)

This price does not include
- Take-away lunches* and daily snacks, **available from the huts*
- Personal drinks in huts and other personal expenses (we recommend bringing euros and Swiss francs)
- Return transfer to Chamonix (150€ per person)
- Personal technical equipment

PRIVATE BOOKING

A private booking is the traditional relationship between a guide and their clients. It allows you to be alone or with your own group, accompanied by a guide who can adapt to your specific needs. It is undoubtedly the ideal option for carrying out your projects, offering maximum flexibility and comfort. You are free to choose your departure date (depending on hut availability), and the itinerary can be adjusted according to your specific expectations.

Prices 2027
2 people: 2 505€ per person
3 people: 1 845€ per person
4 people: 1 515€ per person
5 people: 1 320€ per person

This price includes
- IFMGA English-speaking mountain guiding service
- Half-board in mountain huts (dinner, breakfast and overnight stay)
- Ski lift access as per programme
- Transfers as per programme
- Rental of a full safety kit (avalanche transceiver/DVA, shovel, probe)

This price does not include
- Take-away lunches* and daily snacks, **available from the huts*
- Personal drinks in huts and other personal expenses (we recommend bringing euros and Swiss francs)
- Return transfer to Chamonix (150€ per person)
- Personal technical equipment

FURTHER INFORMATION

In this section, find all the information about this activity. To prepare your trip effectively, refer to the guides' tips. They share their expertise and recommendations, ensuring you have a great experience.

Meeting point
Meet at 08:30 at the Compagnie des Guides office in Chamonix. Transfer by minibus to the departure point. Return transfer from Zermatt to Chamonix available as an option.

Itinerary
This is provided as a guideline and may be adjusted according to the group's level and mountain conditions.

Technical Level
Suitable for skiers skilled in off-piste skiing in various snow conditions and with advanced ski touring experience, including the ability to perform kick turns. The terrain features wide slopes with occasional narrow sections and inclines of up to 35°, with sections, cols and summits that may require boot packing with crampons and an ice axe.

Physical Level
Designed for individuals who regularly engage in endurance activities. Expect a positive elevation gain of up to 1,300 metres per day and 7 to 8 hours of effort each day.

Guiding Policy
4 to 5 people per guide. *Registration possible from the age of 18.*

Accommodation
Half-board in huts. Showers available on Day 1. *Before & after the trip:* We have hotel partners in Chamonix offering special rates for our customers.

⚠ **Documentation**
Participants must have mountain sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance when you sign up. Participants must also carry valid ID with them.

EQUIPMENT

We recommend that you pay particular attention to the choice of your equipment, as it contributes greatly to the success of your trip. Weight is a key factor: you should always consider the balance between weight and comfort in order to find the best compromise.

Equipment
- A comfortable 35L backpack with attachments for skis and an ice axe
- Ski touring skis and boots, *rentable*
- Climbing skins and ski crampons adapted to your skis, *rentable*
- A pair of poles with large baskets, *rentable*
- A pair of lightweight crampons and an ice axe, *rentable*
- A helmet suitable for ski touring / mountaineering is recommended
- A safety kit including harness, DVA, shovel and probe (this kit will be provided by your guide)

Clothing
- Waterproof and windproof, non-insulated jacket with hood (Gore-Tex or equivalent), *rentable*
- Waterproof and windproof, non-insulated trousers, *rentable*
- A thick fleece jacket or equivalent
- A light down jacket
- A long-sleeved shirt
- Medium-weight thermal underwear (top and bottoms, silk or synthetic, can also be used as pyjamas)
- Warm ski socks
- A warm ski hat and a light sun hat with brim
- Warm ski gloves or mittens
- A pair of thinner gloves (leather or fleece)
- Neck protection
- Spare thermal underwear (for sleeping and changing)

Accessories
- High-altitude sunglasses (category 4 recommended)
- A pair of goggles
- A 1.5L water bottle
- An insulated bottle
- A small personal first-aid kit including sun cream, lip balm, painkillers, blister kit, earplugs and toilet paper
- A headlamp with spare batteries

- A cotton or silk sleeping bag liner, compulsory in every hut (huts provide blankets and slippers or clogs)
- A waterproof bag containing your ID and euros for personal expenses

Our Rental Partners
You can rent your equipment at preferential rates from our partner shops: Millet (excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop

Our Equipment Partners
Millet, Dynastar, Julbo, Grivel & Monnet