Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix – France - Tél : + 33 (0)4 50 53 00 88
www.chamonix-guides.com - e-mail : info@chamonix-guides.com

SKI TOURING - VAL DI RHEMES

Duration: 3 | Fitness: ▲▲▲△△ | Technique: ▲▲▲△△ | Price from: 605 €

Located in the heart of the Grand Paradis National Park, on the Italian side of Haute Tarentaise, the Val de Rhêmes is a true haven for ski touring. From Rhêmes-Notre-Dame, the narrow valley gradually opens up to reveal vast slopes leading to peaks rising between 3,000 and 3,500 meters in altitude, accessible with skis on. Thanks to the variety of exposures, you can enjoy all types of snow, from postcard-perfect powder to spring snow. The Benevolo refuge, ideally situated and renowned for its excellent accommodations in the Val d'Aosta, serves as the perfect base camp from mid-March to early May for exploring this region and experiencing a refreshing adventure.

To discover the mountains of Valle d'Aosta, we have developed a series of ski tours and trips in the Italian Valley. These adventures allow you to enjoy the exceptional playground of this area while experiencing high-quality accommodations that live up to the region's reputation. Explore also the Val Magia hut, a hidden gem just a few steps from Aosta. Enjoy a gentle introduction to ski touring in the Val Ferret facing the south side of the Mont Blanc massif. Finally, journey into the Gran Paradiso national park and go for the ascent of Gran Paradiso itself.

ITINERARY

Day 1

Transfer from Chamonix to Val di Rhêmes via the Mont Blanc tunnel. We put on our skis at the exit from the village of Rhêmes Notre Dame (1750m). Next comes the climb up the valley to the Benevolo hut (2280m) where we stop to eat and lighten our packs. We finish off the day with the ascent of the Pointe Lavassey (2772m). Descent and first night in hut.
Vertical ascent: 1000m / Vertical descent: 500m

Day 2

Round-trip to the Pointe Calabre (3445m). Having bypassed the canyon of the Dora torrent, we ascend alongside the impressive east face of the Pointe Parei (3387m). The route now continues over the Soches glacier and a gentle slope to the summit. Lying on the border between Italy and France, the views here are superb: over the Gran Paradiso Massif on the Italian side, and the Vanoise Massif on the French side. Descent via the same route and second night in hut.
Vertical ascent: 1065m / Vertical descent: 1065m

Day 3

Destination Gran Vaudala (3272m). The views from the summit are splendid, particularly those of the Nivollet valley and the Gran Paradiso (4060m). We descend via the magnificent, untouched valley on the northern side of the Gran Vaudala. We ski to the village of Thumel, where we rejoin our route of ascent from the first day. All we need to do from here is enjoy the ski back to the car park. Transfer to Chamonix, which we reach by mid-afternoon.
Vertical ascent: 995m / Vertical descent: 995m

GROUP BOOKING

Group session associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates : See below for the group booking module

Price 2027 : 650€ per person based on minimum of 4 participants
Minors aged 16 and over must be accompanied by an adult

Included in the package :
- IFMGA English speaking mountain guiding service
- half-board in mountain huts (dinner, breakfast and night)
- transfers as per programme
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

Not included in the package :
- take out lunches and daily snacks
- personal drinks in huts and other personal expenses (we recommend you bring Euros)
- cost of getting to meeting point (Chamonix)
- personal technical equipment

PRIVATE BOOKING

A private booking is the historical relationship that binds a guide to his/her client. It allows you to be alone, or in a constituted group, with your guide that meets your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you a maximum of comfort. You are free to choose your departure date (depending on the availability of the huts) and the itinerary can be adjusted, according to your specific expectations.

Prices 2027 :
2 people : 1465€ per person
3 people : 1035€ per person
4 people : 820€ per person
5 people : 690€ per person
6 people : 605€ per person

Included in the package :
- IFMGA English speaking mountain guiding service
- half-board in mountain huts (dinner, breakfast and night)
- transfers as per programme
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

Not included in the package :
- take out lunches and daily snacks
- personal drinks in huts and other personal expenses (we recommend you bring Euros)
- cost of getting to meeting point (Chamonix)
- personal technical equipment

FURTHER INFORMATION

In this section, find all the information about this activity. To prepare your trip effectively, refer to the guides' tips. They share their expertise and recommendations, ensuring you have a great experience.

Meeting point : Meet at 08:30 at the Compagnie des Guides office in Chamonix. Transfer by minibus to the departure point. Return to Chamonix by minibus.

Itinerary : This is provided as a guideline and may be adjusted according to the group's level and mountain conditions

Technical level : Suitable for skiers skilled in off-piste skiing across various snow conditions and with prior experience in ski touring. The terrain features wide slopes with occasional narrow sections and inclines of up to 35°.

Physical level : Designed for individuals who regularly engage in physical activity. Expect a positive elevation gain of up to 1000 meters per day and an effort of 6 to 7 hours each day

Guiding policy : 4 to 6 people. *Minors aged 16 and over must be accompanied by an adult*

Accommodation : During the trip: half-board in huts, showers.

Before & after the trip: We have some hotel partners in Chamonix with special prices for our customers.

Documentation : Participants must have mountain sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurancer when you sign up. Participants must also take valid ID with them.

EQUIPMENT

We recommend you to pay particular attention to the choice of your equipment. It contributes greatly to the success of your stay. Weight is decisive: you always have to evaluate the ratio weight/comfort, to find the best compromise.

Equipment
- Comfortable frameless rucksack of 35l on which you could fix your skis & ice-axe,
- Ski touring skis & shoes, *rentable*
- Adhesive climbing skins & ski knifes adapted to your skis, *rentable*
- A pair of poles with large discs, *rentable*
- A pair of light crampons & an ice-axe, *rentable*
- A security pack including harness, DVA, shovel & probe - this pack will be lend by your guide.

Clothing
- Waterproof and windproof, non-insulated parka with hood (Gore-tex or equivalent),*rentable*
- Waterproof and windproof, non-insulated pants, *rentable*
- Thick polar-pile fleece jacket or equivalent,
- A light down jacket,
- 1 long-sleeve shirt,
- Medium weight thermal underwear (top + bottoms, silk or polypro, double as pyjamas),
- Warm ski socks,
- Warm ski hat and light sun hat with brim,
- Warm ski gloves or mittens,
- A pair of thinner/finer gloves (in leather or fleece),
- Neck protection,
- Spare thermal underwear (for sleeping and change).

Accessories
- High-altitude sunglasses (grade 4 is recommended),
- A pair of goggles,
- 1.5L water bottle,
- An isotherm bottle,
- A mini toilet bag including: sun block for face and lips, aspirin, elastoplast, 2nd skin kit, earplug, toilet paper,
- A headlamp with spare batteries,
- A cotton or silk sleeping sheet: compulsory in every hut. - Hut provide blankets, slippers or clogs
- A plastic bag containing your ID card & Euros for extras.

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price Millet (excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop
Our Equipment Partners : Millet, Dynastar, Julbo, Grivel & Monnet