

# Compagnie des Guides de Chamonix

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# SKI TOURING - COSY BIVOUAC IN THE SWISS VALAIS

Duration: 2 Level: ▲ ▲ ▲ ▲ A Price from: 370 €

Perched at the foot of the Dents du Midi, in the Swiss Valais region, the Dents du Midi hut - bivouac is an extraordinary viewpoint on the high summits of the Valais and the Mont Blanc Massifs. During the winter, the hut is not guarded, but it still offers a high level of comfort: wood-burner, pots and pans, comfortable beds. Sleeping in the Dents du Midi bivouac will be an unforgettable experience at the heart of the high mountains in wintertime. The varied itinerary will take you to the valleys of Susanfe, Emaney and Fenestral, not far from the Emosson Lake. In order to fully enjoy the tranquillity of this environment and take our time, the logistics of this programme only includes public transports. This programme is designed for people having previous ski-touring experience, wishing to live an experience out of the ordinary and to discover a wild and pristine environment.

This tour is part of a series of ski tours that we have carefully set for you to explore the majestic mountains of the Swiss Valais region. Each of these tours promises an outstanding skiing experience in the heart the breathtaking Alpine scenery. Continue your adventure along the logical progression of the Haute Route Chamonix-Zermatt in the Monte Rosa massif. Revel in the Saas Fee's 4,000-meter peaks, or explore the mountains between Verbier and Zermatt.

# **ITINERARY**

## Day 1

Start in Chamonix, where we catch our train to the small family ski resort of les Marécottes, Switzerland (1 100m). The ski lifts leave us at 2200m, starting point of our adventure. We reach the Col de la Golette (2 470m) by ski and then by foot, to access the wild Salanfe Valley. We ski down a gentle, great slope, often with fresh powder, all the way to the lake (1 900m), which is completely ice-covered in the winter. We cross it and start the way up to the Dents du Midi refuge (2 885m). Cosy night at the hut.

Elevation gain: 1250m / Elevation loss: 550m

## Day 2

We start our day with the beautiful slope of the Combe du Sé Rouge, which takes us to the Salanfe Lake (2 050m). We follow the impressive East face of the Tour Salière up to the Col d'Emaney (2 460m), giving us access to the wild Emaney valley. The way down requires some vigilance at the beginning, then the slopes become larger taking us all the way down to le Vallon (2 000m), at the foot of the pointes d'Aboillon. Here we start our final ascent to the Col de Fenestral (2 450m). From the mountain pass, the view on the Mont Blanc massif is absolutely breath taking. Final slope to the Alpages de Fenestral and the Haut de Finhaut (1 350m). Short walk to the station (1 250m), where we catch our train. Back in Chamonix at the end of the afternoon. *Elevation gain: 1250m / Elevation loss: 2650m* 

# **GROUP BOOKING**

Group session associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates: See below for the group booking module

Price 2024 : 405€ per person based on minimum of 4 participants

Included in the package:

- IFMGA English speaking mountain guiding service
- half-board in not guarded mountain huts (dinner, breakfast and night)
- ski lift access as per programme
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

#### Not included in the package:

- take out lunches and daily snacks
- personal drinks in huts and other personal expenses (we recommend you bring Euros)
- cost of getting to meeting point
- personal technical equipment

# **PRIVATE BOOKING**

A private booking is the historical relationship that binds a guide to his/her client. It allows you to be alone, or in a constituted group, with your guide that meets your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you a maximum of comfort. You are free to choose your departure date (depending on the availability of the huts) and the itinerary can be adjusted, according to your specific expectations.

#### Prices 2024:

2 people : 830€ per person 3 people : 600€ per person 4 people : 485€ per person 5 people : 415€ per person 6 people : 370€ per person

#### Included in the package:

- IFMGA English speaking mountain guiding service
- half-board in mountain huts (dinner, breakfast and night)
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

## Not included in the package:

- take out lunches and daily snacks
- personal drinks in huts and other personal expenses (we recommend you bring Euros)
- cost of getting to meeting point
- personal technical equipment

# **FURTHER INFORMATION**

In this section, find all the information about this activity. To prepare your trip effectively, refer to the guides' tips. They share their expertise and recommendations, ensuring you have a great experience.

**Meeting point**: Meeting point: 7h15 at the train (TER) station of Chamonix. Not to be confused with the Montenvers station, located next door. The specific logistics of this trip requires you to be on time

**Fitness level :** For people who regularly exercise/take part in sports and who have a previous ski touring experience. Vertical ascent of up to 1250m per day. 6 to 7 hours of exercise per day. Altitudes of under 2500m.

**Technical level :** For advanced ski tourers. Wide slopes with short sections of narrow passages (up to 35°). Ease skiing in all snow conditions and making kick turns needed.

Guiding policy: 4 to 6 people.

Accommodation: Half-board in not guarded hut.

Before & after the trip: We have some hotel partners in Chamonix with special prices for our customers.

**Documentation :** Participants must have mountain sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance offering both of these types of cover when you sign up. Participants must also take valid ID with them.

# **EQUIPMENT**

We recommend you to pay particular attention to the choice of your equipment. It contributes greatly to the success of your stay. Weight is decisive: you always have to evaluate the ratio weight/comfort, to find the best compromise. I

### Equipment

- Comfortable frameless rucksack of 35I on which you could fix your skis & ice-axe
- Ski touring skis & shoes, rentable
- Adhesive climbing skins & ski knifes adapted to your skis, rentable
- A pair of crampons, rentable
- A pair of poles with large discs, rentable
- A security pack including DVA, shovel & probe this pack will be lend by your guide

## Clothing

- Waterproof and windproof, non-insulated parka with hood (Gore-tex or equivalent), rentable
- Waterproof and windproof, non-insulated pants, rentable
- Thick polar-pile fleece jacket or equivalent
- A light down jacket
- 1 long-sleeve shirt
- Medium weight thermal underwear (top + bottoms, silk or polypro, double as pyjamas)
- Warm ski socks
- Warm ski hat and light sun hat with brim
- Warm ski gloves or mittens
- A pair of thinner/finer gloves (in leather or fleece)
- Neck protection
- Spare thermal underwear (for sleeping and change)

#### **Accessories**

- High-altitude sunglasses (grade 4 is recommended)
- A pair of goggles
- 1.5L water bottle
- An isotherm bottle
- A mini toilet bag including: sun block for face and lips, aspirin, elastoplast, 2nd skin kit, earplug, toilet paper
- A headlamp with spare batteries
- A cotton or silk sleeping sheet: compulsory in every hut. Hut provide blankets, slippers or clogs
- A plastic bag containing your ID card & Euros for extras

Our Rental Partners: You can rent your equipment with our rental shops partners and benefit from special price Sanglard Sports, Ravanel & Co & Concept Pro Shop

Our Equipment Partners: Millet, Dynastar, Julbo, Grivel & Monnet