



# Compagnie des Guides de Chamonix

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## ROCK CLIMBING - ROCK CLIMBING COURSE AGES 14-18

Duration: 4

Difficulty: ▲▲▲▲▲

Price from: 435 €

This climbing course has been specially designed for teenagers aged 14 to 18, offering them a complete immersion in the vertical world of the Chamonix Valley. Each day, our program explores new climbing crags, whether cliffs or bouldering areas, ensuring a varied and stimulating experience. The primary goal of this course is to enhance technical skills, with a focus on fundamental aspects such as body positioning in space and foot placement.

Each day provides climbers with the opportunity not only to refine their skills but also to push their own limits, creating foundational memories. This course is intended for teenagers with a regular climbing practice, and registration is exclusively open for the four days. For more flexible registration options or for beginner sessions, please check our climbing lessons offerings in [Chamonix](#) or [Argentière](#).

### GROUP BOOKING

Group booking associates children who do not necessarily know each other. It is ideal for enjoying the dynamics of the group

**Dates (group booking)** : See online booking. The mentioned day corresponds to the first day of the course

**Meeting Point (group booking)** : At the Compagnie des Guides main office, 190 place de l'Eglise - 74400 Chamonix

**Departure (group booking)** : The course is guaranteed with a minimum of 4 registered children

**Supervision (group booking)** : Group from 4 to 6 children per state-certified instructor

**Schedules (group booking)** : 9am to 4pm, from Monday to Thursday

**Prices 2024 (group booking)** : 435€

This price includes :

- State-certified instructor services
- technical gear : harness, helmet, carabineer, belay device, rope
- public transport

This price does not include :

- rock climbing shoes
- snack and water
- lunch

### FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisor.

**Duration** : From Monday to Thursday, 9am - 4pm

**Location** : in the Chamonix Valley climbing crags : Servoz, Gaillands, Bosson, Col des Montets...

**Level** : This climbing course is intended for children aged 14 to 18 wishing to improve their climbing skills. Regular climbing practice is required

**Formality** : Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

## EQUIPMENT

Find in this section all the information about the different equipment that is required

### Equipement

- Back pack to store the clothes
- Rock climbing shoes recommended
- Brin the gear you have

### Clothing

- Classic clothings adapted for sport

### Accessories

- A pair of sun glasses
- High protection sun cream
- A water bottle that contains a minimum 1,5 L
- Snacks

**Our Rental Partners** : You can rent your equipment with our rental shops partners and benefit from special price [Millet](#), [Sanglard Sports](#), [Ravel & Co](#) & [Concept Pro Shop](#)

**Our Equipment Partners** : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)