



# Compagnie des Guides de Chamonix

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## RAFTING - FAMILY SESSION

Duration: 0.5

Difficulty: ▲▲▲▲▲

Price from: 55 €

The Compagnie des Guides shows you the summertime Chamonix valley in a highly original way! Let yourself flow along the glacier waters of the Arve, a legendary playground of the Mont Blanc region! Get your adrenaline going and enjoy the fun of rafting. Lasting 45 minutes and covering over 6km, our route is for all the family and gives you the chance to make your way through the turbulent river waters at the foot of Mont Blanc. Your instructor's tips and advice will ensure that you avoid the traps that navigating through mountain rivers can throw up.

We meet at the Compagnie des Guides' rafting water sports base, with its warm showers and lockers, in the heart of Chamonix. The only requirements to be able to participate in rafting are to be over 10 years old, and be over 1.3m tall. For an even more intense experience, we also organise [rafting trips on the Arveyron](#) in the Chamonix valley.

### GROUP BOOKING

Group booking associates people who do not necessarily know each other. It is ideal for people looking for group friendliness and attractive prices. To book online choose the day below and then choose the schedule. No online booking available for children under 12 years old: on site, mail and phone only.

**Dates :** See on-line booking

**Schedules :** From 9am, last departure 11 am

**Meeting point :** At the water sports base located 393 Promenade du Fori - Chamonix, 10 min before the start of the activity

**Supervision :** Group from 4 to 7 people supervised by a guide. Children over 1.3m tall accompanied by a parent

**Departure :** A minimum of 4 people is required to guarantee the outing

#### Prices 2026 :

Until 12 years old : 45€ per person (Depending on the water flow)

From 13 years old : 55€ per person

This price includes :

- supervision by instructor
- technical equipment: wetsuit, life jacket, helmet, paddle and inflatable craft
- transfer back to the water sports base

### FURTHER INFORMATION

Find in this section, all the information about this activity. For any further information please contact our advisors (contact details above).

**Accessing the water sports base :** The base is located 393 Promenade du Fori - Chamonix, just behind the swimming pool, near the tennis courts. Car park is 150m away on the other side of the Arve river, access via the Promenade des Sonnaillies footbridge.

**Meeting point :** At the water sports base located 393 promenade du Fori - Chamonix, 10 min before the start of the activity

**Duration** : 45 min on board for 2 hours activity (the schedule is given as an indication)

**Location** : On the Arve river from the water sports base

**Level** : Beginner, over 1.3m tall, max weight 120kg

Water sport: be able to float on the back and keep the head above water for 5 seconds, to jump, to swim 25 meters, and to pass under a floating object

## EQUIPMENT

Find in this section all the information about the different equipment that is required.

### Equipment

- Swimsuit
- Towel

**Our Rental Partners** : You can rent your equipment with our rental shops partners and benefit from special price [Millet](#) (excluding crampons, ice axes and helmet), [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

**Our Equipment Partners** : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)