



# Compagnie des Guides de Chamonix

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## RAFTING - ARVE ORIGINAL

Duration: 0.5

Difficulty: ▲▲▲▲▲

Price from: 55 €

### DISCOVER RAFTING IN CHAMONIX - AGES 12 AND UP

Enjoy a rafting trip on the Arve River in the heart of the Chamonix Valley. **Suitable for ages 12 and up and accessible to beginners**, this activity is perfect for sharing a fun and refreshing adventure with friends or families with teenagers.

Over approximately **45 minutes and more than 6 km**, ride the rapids of the Arve and experience the thrill of white-water rafting in an exceptional setting beneath the Mont Blanc massif. Accompanied by a professional guide, you will learn how to navigate safely while enjoying the waves, rapids and excitement of mountain river rafting.

### A RAFTING ADVENTURE FOR EVERYONE

Located in the centre of Chamonix, our rafting base offers **changing rooms and hot showers for your comfort**. All technical equipment is provided.

Ages 12 and up

Ideal for teenagers, groups of friends and beginners

Guided by professional rafting instructors

Departure in the heart of Chamonix

For children under 12 years old, we recommend booking our [Family Rafting trip](#), specially designed for younger participants. Discover our full range of [rafting and white-water activities in Chamonix](#).

### GROUP BOOKING

Book your rafting trip on the Arve River directly online by selecting your preferred date and departure time in the booking module. For children under 12 years old, we recommend booking our [Family Rafting trip](#), specially designed for younger participants.

#### Dates

Check availability in the booking module below

#### Departure Times

Trips run throughout the day from 9:00 am onwards. Last departure: 4:45 pm

#### Meeting Point

Please arrive 10 minutes before the start of the activity at our white-water base: 393 Promenade du Fori - 74400 Chamonix-Mont-Blanc

#### Supervision

Each raft accommodates 4 to 7 participants and is guided by a professional instructor. Children must be accompanied by a parent or legal guardian

#### Guaranteed Departure

Trips are confirmed with a minimum of 4 participants

#### 2026 Rates

Ages 12 and up: €55 per person

### Price Includes

- Supervision by a professional rafting guide
- All technical equipment: wetsuit, buoyancy aid, helmet, paddle and raft
- Return transfer to the rafting base
- Access to changing rooms and hot showers

## FURTHER INFORMATION

You will find in this section all the information you need to prepare for your rafting trip in Chamonix. If you have any questions, our team is available by phone or email.

### White Water Base Location

The Compagnie des Guides rafting base is located at: 393 Promenade du Fori - 74400 Chamonix-Mont-Blanc. The base is situated behind the Chamonix swimming pool, close to the tennis courts. A public car park is available approximately 150 metres away on the opposite side of the Arve River, with access via the Promenade des Sonnailles footbridge

### Meeting Point

Please arrive at the white water base 10 minutes before the start of the activity

### Duration

Approximately 45 minutes on the river. Please allow around 2 hours in total for the activity, including equipment fitting, briefing, transport and the descent

### Location

The trip takes place on the Arve River, departing directly from our white water base in Chamonix

### Requirements

This activity is suitable for beginners. Participation requirements:

- Minimum age: 12 years old
- Children must be accompanied by a parent or legal guardian
- Maximum weight: 120 kg
- Ability to swim 25 metres
- Ability to float on your back and keep your head above water for 5 seconds
- Ability to go under a floating obstacle and jump into the water

## EQUIPMENT

Find in this section all the information about the different equipment that is required.

### Equipment

- Swimsuit
- Towel

**Our Rental Partners :** You can rent your equipment with our rental shops partners and benefit from special price [Millet](#) (excluding crampons, ice axes and helmet), [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

**Our Equipment Partners :** [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)