Compagnie des Guides de Chamonix

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MULTI-ACTIVITIES - WINTER CHAM TEEN

Duration: 1 | Difficulty: | Price from: 130 €

Over the past 15 years, the Compagnie des Guides de Chamonix has developed a dedicated programme for children aged 14 to 18. We offer a programme of sports activities focusing on mountain safety and run by mountain professionals. The Winter 'Cham Teen' scheme is the ideal complement to your skiing holidays.

Advantages of the Compagnie des Guides de Chamonix Winter 'Cham Teen' programme

- Different sports activities each day
- Programme focused on mountain safety
- Professional supervision for each activity

Weekly programme

Tuesday: mountain safety
Day learning about the dangers of the mountains. Learn basic avalanche rescue techniques using the trio of avalanche transceiver + shovel + probe. Introduction to crevasse rescue: knots, walking while roped up, and rope techniques.

Wednesday: ice climbing
Introduction to ice climbing in Vallorcine's Bérard valley. With crampons on our feet and ice axes in our hands, this is the perfect opportunity to take on a wall of ice! This day is also a great way to learn belaying techniques.

Thursday: Snowshoeing
Discovery of the winter mountain fauna and the animal tracks in the snow. Enjoy a proper adventure in a pristine environment off the beaten track in a Great North - like atmosphere.

Friday: ski touring
Introduction to ski touring along an enjoyable route, covering basic techniques such as walking with touring skis and executing kick turns. As a reward for our efforts, a magnificent descent awaits us! A black slope level is required.

Programme may be subject to change at the discretion of the professionals involved

GROUP BOOKING

The collective formula brings together children in groups of 4 to 6 children (except ice climbing, max 4). To make an online reservation, choose the day below. To book several add each day to your basket. Registration for the half-day is not possible.

Dates : See online booking

Meeting point : 8.30am at the Compagnie des Guides de Chamonix, 190 place de l'église

Supervision : All outdoor activities are supervised and managed by qualified mountain professionals. Minimum 4 and maximum 6 teenagers per guide.

Price 2027 :
- Full-day: 130 €

This price includes :

- professional and certified guiding service
- safety gear: probe, shovel, beeper
- ice climbing gear: crampons, helmet, harness, ice axes
- private transfer

The price does not include :
- *the lunch that you must provide*
- lift pass when required
- off-piste skiing gear (skis, boots...)
- ski touring gear (skis, boots, skins...)
- high mountain boots (rigid soles) suitable for ice climbing

FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisers (contact details above).

Duration : 8.30am to 3.30pm

Location : In the Chamonix valley

Level : The Cham teen is aimed at children aged 13 to 16 able to follow instructions, live independently in a group and practice sporting activities normally. For ski touring, your child must be able to ski black runs

Formality : Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

For the attention of the legal guardian of the registered minor : The legal guardian is aware of the sporting and risky nature of the activities offered as part of this service. Failure to comply with safety instructions and level requirements can lead to accidents

EQUIPMENT

In addition to the usual clothes for the practice of an winter outdoor sports activity, children must have the following equipment :

- Sunglasses
- Solar cream
- Backpack
- Mini bottle 1L
- Lunch / snacks

Children must also have the following specific material :

Tuesday: mountain safety
- Warm hiking boots

Wednesday: ice climbing
- High mountain boots (rigid soles) suitable for ice climbing

Wednesday: Snowshoeing
-Standard clothing for winter sports

Friday: ski touring
- Ski touring gear

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price Millet (excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop
Our Equipment Partners : Millet, Dynastar, Julbo, Grivel & Monnet