Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix – France - Tél : + 33 (0)4 50 53 00 88
www.chamonix-guides.com - e-mail : info@chamonix-guides.com

ROCK CLIMBING LESSONS - CHAMONIX

Duration: 0.5 | Difficulty: | Price from: 60 €

GAILLANDS CLIMBING SCHOOL - CHAMONIX'S MUST-VISIT SITE

The Les Gaillands is the reference climbing school in Chamonix. Easily accessible, just a short distance from the town centre, it benefits from an exceptional natural setting between lake and forest. A true paradise for the whole family, including younger children, it offers a progressive introduction to rock climbing and vertical movement, suitable for both kids and adults. With over 150 routes, the majority at accessible grades (≤ 5+), the Gaillands provide the perfect terrain to learn and progress safely. The rock offers a wide variety of climbing — slabs, cracks and small overhangs — and the equipment in place allows both top-rope and lead climbing.

FLEXIBLE OPTIONS TO SUIT YOUR PACE

With a strong focus on teaching and a friendly atmosphere, our guides and instructors — all passionate climbers — run supervised sessions throughout the summer, in the morning or afternoon, from age 7. Specific "Spider Kids" sessions are also available for children aged 4 to 6, offering a gentle introduction to climbing. For those looking to go further, we also offer multi-day courses designed to help you progress quickly and build independence in climbing.

GROUP BOOKING

Group sessions allow you to join other participants. Sessions are confirmed with a minimum of 3 people. Separate groups for adults and children are organised depending on bookings, ensuring an experience adapted to each participant.

Dates for group booking
See online booking

Meeting Point for group booking
10 minutes in advance at les Gaillands in front of the Compagnie des Guides chalet

Supervision for group booking
Group from 3 to 6 people. **Children minimum 7 years old**

Schedules for group booking
8.45am to 11.45am & 1.00pm to 4.00pm

Prices 2027 for group booking
- 3 hours session: 65€ per person
- From 6 sessions : 60€ per person

This price includes
- climbing instructor services
- technical gear : harness, helmet, carabineer, belay device, rope.

This price does not include
- rock climbing shoes
- snack and water

PRIVATE BOOKING

Book a private guide and enjoy a tailor-made session - Your guide, your pace.

Dates for private booking
See on-line booking

Meeting Point for private booking
10 minutes in advance at the Compagnie des Guides chalet in les Gaillands

Supervision for private booking
Group from 1 to 6 people

Prices 2027 for private booking
- 3-hour session : 192€
- Full day : 455€

The price includes
- climbing instructor services
- technical gear : belay device, rope

The price does not include
- climbing shoes **(not available for rent on site)**
- harness
- helmet
- snacks

FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisor.

Duration
3 hours

Location
Gaillands climbing crag site located in front of the Gaillands lake in Chamonix. Route des Gaillands, 74400 Chamonix

Level
Rock climbing in les Gaillands is designed for people who want to discover the activity or improve their climbing skills

Formality
Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

EQUIPMENT

Find in this section all the information about the different equipment that is required.

Equipement
- Back pack to store your gear
- Rock climbing shoes, *rentable*

Clothing
- Classic clothings adapted for sport.

Accessories
- A pair of sun glasses
- High protection sun cream
- A water bottle that contains a minimum 1,5 L
- Snacks

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price Millet

(excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop
Our Equipment Partners : Millet, Dynastar, Julbo, Grivel & Monnet