Compagnie des Guides de Chamonix

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MULTI-ACTIVITIES - SUMMER CHAM TEEN

Duration: 1 | Difficulty: ▲▲△△△ | Price from: 135 €

For more than 15 years, the Compagnie des Guides de Chamonix has been developing an offer exclusively dedicated to teenagers aged 14 to 18. Supervised by mountain professionals, your teenagers will enjoy a resolutely sporting program: mountaineering, climbing, via ferrata, mountain biking, rafting, canyoning.

The advantages of Cham teen Compagnie des Guides
• A different sport activity every day
• Registration for the week or the day
• Supervision by professionals for each activity

Weekly schedule

Monday : canyoning & zip line
Canyon de Barberine then zip lines of the Acropark des Gaillands: thrills guaranteed!

Tuesday : mountaineering
Discovery of the use of crampons and ice axe on the Mer de Glace

Wednesday : climbing & mountain biking
Climbing in Les Gaillands then mountain biking on the balcony trails: an invigorating day!

Thursday : canyoning around Annecy - MP: 8am
Previous canyoning experience is required to participate in this day

Friday : via ferrata & riverboarding
Via ferrata at Flégère then rafting or riverboarding depending on conditions

Program subject to change at the discretion of professionals

GROUP BOOKING

The collective formula brings together children in groups of 5 to 8 children. To make an online reservation, choose the day below. To book several days and benefit from the sliding scale rate, add each day to your basket (the reduction is visible at the time of payment). Registration for the half-day is not possible.

Dates : Monday to Friday in July and August (school holidays)

Meeting point : 8.30am at the Compagnie des guides de Chamonix, 190 place de l'église.

Supervision : Minimum 5 and maximum 8 teenagers per guide.
All outdoor activities are supervised and managed by qualified mountain professionals

Prices 2027 :
- Full-day: 140 €
- From 3 days : 135 € per day

This price includes :
- professional and certified guiding service
- private transfer

- specific technical equipment for each outdoor activity
- lift pass when required

This price does not include :
- *the lunch that you must provide*

FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisers (contact details above).

Duration : 8.30am to 4.00pm

Location : In the Chamonix valley and in the Aosta Valley

Level : Le Cham teen is aimed at children aged 14 to 18 able to follow instructions, live independently in a group and practice sporting activities normally. Water sport: be able to float on the back and keep the head above water for 5 seconds, to jump, to swim 25 meters, and to pass under a floating object.

Formality : Make sure you have valid repatriation insurance for this activity
Authorization to leave the territory (Cerfa 15646 * 01) and identity document required on Fridays
Also a valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

For the attention of the legal guardian of the registered minor : The legal guardian is aware of the sporting and risky nature of the activities offered as part of this service. Failure to comply with safety instructions and level requirements can lead to accidents

EQUIPMENT

In addition to the usual clothes for the practice of an outdoor sports activity, children must have the following equipment :

- Rain jacket
- Cap
- Sunglasses
- Solar cream
- Backpack
- Mini bottle 1L
- Lunch / snacks

Children must also have the following specific material :

Monday : canyoning & zip line
- Swimsuit
- Towel
- Sneakers for walking in water
- Spare shoes for the return trip

Tuesday : mountaineering
- Windbreaker jacket
- Waterproof pants
- Fleece or sweater
- gloves
- Backpack 20 liters minimum (for technical equipment)
- **Sunglasses**

Wednesday : climbing & mountain biking
- Climbing shoes
- Hiking boots
- gloves
- Glasses
- Cyclist if possible or shorts / pants depending on the weather

Thursday : canyoning
- Swimsuit
- Towel
- Sneakers for walking in water
- Spare shoes for the return trip

Friday : via ferrata & riverboarding
- Running shoes
- swimsuit
- towel

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price Millet (excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop
Our Equipment Partners : Millet, Dynastar, Julbo, Grivel & Monnet