



# Compagnie des Guides de Chamonix

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## HIKING - HALF DAY HIKE

Duration: 0.5

Fitness: ▲▲▲▲▲ Technique: ▲▲▲▲▲

Price from: 40 €

The Compagnie des Guides de Chamonix offers gentle half-day hikes suitable for the whole family. Discover the local cultural heritage, enjoy the unique atmosphere of the Chamonix Valley at the foot of Mont Blanc during a friendly outing with our specialist guides. To soak up even more of the unique atmosphere of the Chamonix Valley, please see our [full day hike program](#).

### Weekly program of half-day outings - 200 to 300m of positive ascent

#### **Edible plants** : Tuesday morning

A hike to discover and gather the edible wild plants of our mountains.

#### **Heritage** : Wednesday morning

Follow the ancient paths and discover the local heritage.

#### **Trail running** : Thursday morning

Technical advice for a smooth introduction to mountain trail running.

#### **Agriculture** : Friday morning

Rich in traditions, mountain agriculture has shaped the culture of our region.

#### **Unusual - Refreshing Hike**: Monday late afternoon

A pleasant end-of-day hike along the stream in the Aiguilles Rouges Nature Reserve. The crystal-clear water and the surrounding vegetation create an invigorating atmosphere. Meeting point: 6:00 PM at the office

#### **Unusual - Coffee and pie facing the glacier**: Saturday Morning

Morning excursion to the Buvette du Chapeau, which stood 150 years ago at the edge of the Mer de Glace glacier. Tasting of homemade pastries. Meeting point: 7:30 AM at the office

## GROUP BOOKING

The group formula associates people who do not necessarily know each other. It is ideal for people looking for group friendliness and attractive prices.

**Dates (group booking)** : See on-line booking

**Meeting point (group booking)** : At 9.00am at the Compagnie des guides in Chamonix

**Guiding policy (group booking)** : Group of 12 people maximum per guide

**Price 2025 (group booking)** : 40€ per person based on a minimum of 4 participants

This price includes :

- mountain leader services
- transportation

This price does not include :

- snack

## PRIVATE BOOKING

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A private booking is the historical relationship that binds a guide to their clients. It allows you to be alone or in a group of friends where your guide can organise your trip to your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you the maximum of comfort.

**Dates (private booking) :** See on-line booking

**Meeting point (private booking) :** Your guide will call you the evening before your trip around 6.30pm to organize the meeting time and place

**Guiding policy (private booking) :** Between 1 - 12 people per guide

**Prices 2025 (private booking) :**

Group from 1 to 4 people : 155 €

Group from 5 to 8 people : 165 €

Group from 9 to 12 people : 175 €

The price includes :

- mountain leader services

The price does not include :

- equipment

- lift passes if needed

- transfer

- picnic & snacks

## FURTHER INFORMATION

Find in this section, all the information about this activity. For any further information please contact our advisors (contact details above).

**Duration :** 2 - 3h of hiking (schedules given as an indication)

**Ability level :** The choice of destination adapted to your level is essential for you to fully enjoy your trip. A halfday hike is intended for people who practice regular walking

**Formality :** Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

## EQUIPMENT

Find in this section all the information about the different equipment that is required. Since weather conditions can be very variable, it is better to have several thin layers rather than to have one big garment.

### Equipment for trail running

- Back pack adapted for running

- Trail running shoes

- Telescopic poles

### Clothing for trail running

- Classic clothing adapted for running

- Windproof jacket

- A hat

### Accessories

- A pair of sun glasses category 4

- High protection sun cream

- A water bottle that contains a minimum 1,5 L

- Pic nic / Snacks

**Our Rental Partners :** You can rent your equipment with our rental shops partners and benefit from special price [Millet](#) (excluding crampons, ice axes and helmet), [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

**Our Equipment Partners :** [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)

