



Compagnie des Guides de Chamonix

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AUTHENTIC HIKING - AIGUILLES ROUGES

Duration: 3

Fitness:  Technique: 

Price from: 495 €

Dive into breathtaking landscapes on a three-day trek through the Aiguilles Rouges Nature Reserve, a true gem just a stone's throw from Chamonix. Traverse wild trails, marvel at exceptional panoramas of the Mont-Blanc massif, and delve into the fascinating history of Mont Buet (3,096 m). As the highlight of our adventure, this iconic summit—nicknamed the "Ladies' Mont-Blanc"—played a pivotal role in the early exploration of the region's mountains. Accompanied by an experienced mountain leader, fully embrace this worry-free experience. Pack your essentials in your backpack and savor the authenticity of this journey.

This journey is part of a collection of unique circuits taking place in natural reserves and national parks. In the heart of the Sixt-Passy, Aiguilles Rouges, and Vallon de Bérard natural reserves, treat yourself to a [night under the stars](#) in a bivouac or embark on the [Tour des Fiz](#). Explore the heights of the [mythical valleys of Savoie](#) in the Vanoise National Park or indulge in the Italian Dolce Vita in the [Grand Paradis National Park](#).

ITINERARY

Day 1

Servoz - Pormenaz chalets - Moëde Anterne hut

We leave this morning from Le Mont village in Servoz (2,952ft) to reach the Pormenaz chalets, by the South side. We regularly hike up and the Mont-Blanc slowly appears, behind the Aiguillettes des Houches. After arriving to the chalets and having a conversation with the shepherd, we go across the mountain pastures to reach the Pormenaz lake (6,381ft). After a small effort, we finally arrive to the Moëde Anterne hut where we spend the night.

Elevation gain: 3,600 feet - Elevation loss: 500 feet - Distance : 5 miles

Day 2

Moëde Anterne hut - Salenton pass - Vallorcine.

We set off to conquer the Salenton pass (8,287ft) after crossing the wild Villy valley. At the pass, Mont Buet is revealed, and we quickly change landscape to move between scree and desert areas where only a few animal and plant species remain. After lunch, we begin the descent towards the village of Buet, passing by the Refuge de la Pierre à Bérard. The descent is long and technical. Warning: The ascent of Buet may be cancelled depending on the conditions or the physical fitness of the participants. Only the guide is responsible for deciding whether it is feasible.

Elevation gain: 2,300 feet - Elevation loss: 4,300 feet - Distance : 8.7 miles

Day 3

Village du Buet - Lac des Cheserys - La Flégère

We leave early in the morning for a magnificent climb towards the Col des Montets, then we enter the Aiguilles Rouges nature reserve. Our path takes us to the superb Lacs des Cheserys, where the exceptional panorama of the Mont Blanc massif will be the ideal setting for your lunch. In the afternoon, we continue our crossing towards La Flégère. Once there, we will take the ski lifts to conclude our journey smoothly.

Elevation gain: 3,280 feet - Elevation loss: 1,640 feet - Distance : 6.8 miles

GROUP BOOKING

Group session associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates : Find all the dates available in the drop-down list below

Price 2026 : 495€ per person - based on a minimum of 5 participants

This price includes :

- the organization and supervision by a state qualified trekking guide
- half-board accommodation in mountain huts (dormitories)
- picnic lunches
- transfers throughout the hike, We will use public transport to reach the Buet hamlet and get back to Chamonix

Not included in the price :

- drinks and personal expenditure (souvenirs...)
- repatriation insurance (compulsory). Cancellation Insurance highly recommended

PRIVATE BOOKING

Want to go hiking with family or friends? Want the freedom to choose your departure dates*, enjoy a tailor-made itinerary adapted to your desires, and benefit from guidance specifically suited to your level? Choose the private package!

This is the traditional relationship between a guide and their clients. It allows you to be alone or in a group with your guide, who will respond to your specific needs. The ideal package for realizing your plans, as it guarantees maximum comfort.

Discounted rates based on the number of participants.

*Subject to availability of accommodation.

[Contact us for a quote.](#)

FURTHER INFORMATION

In this section, find all the information about this activity. To prepare your trip effectively, refer to the [guides' tips](#). They share their expertise and recommendations, ensuring you have a great experience

Meeting point : Meet at 8.30 am in front of the Compagnie des Guides in Chamonix.

Ability level : 4/5 - this is a strenuous and demanding trek. More than 1000m (3,280ft.) vertical gain and about 7 to 9 hours of daily hiking. Some days may be long and demanding, involving altitude and High Mountain passes (min. 9 190ft.). Hiking on mountain trails and terrain showing exposed and difficult sections. These trips generally require carrying a backpack with personal belongings throughout the trek. For very active, well-trained people with a solid experience in alpine trekking.

Itinerary: The guide may need to adjust the itinerary based on weather conditions and/or the physical and/or technical abilities of the group

Guiding policy : minimum 5 and maximum 12 people per guide. The Compagnie des Guides de Chamonix's guiding policy is one of the strictest in the mountain guiding business. It guarantees the most balanced groups as possible as well as high-quality personalised advice. *Registration possible from 16 years of age. Registration is not permitted to anyone under the age of 18 without a legal guardian.*

Accommodation :

- During the trip : 1 night in a mountain hut and 1 night in a hotel (in dormitories). Each hiker carries all their personal belongings and picnics throughout the entire trek.
- Before & after the trip : benefit from preferential prices from our partner hotels in Chamonix. If you wish to receive information just ask the Randonnée department.

Documentation :

- Participants must have sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance offering both of these types of cover when you sign up.
- Participants must also take valid ID with them.

Preparing for the trip : There is an information meeting with your mountain leader the day before departure at 6pm at the Compagnie des Guides Office.

EQUIPMENT

Weight is a hiker's adversary, so it is crucial to carefully select your equipment as it plays a key role in ensuring the success of your trip. The weight of your backpack, including all your belongings, should not exceed 9kg

Your gear

- A 40L backpack
- A pair of top quality hiking boots
- A pair of telescopic poles
- A hat or cap
- A warm hat
- Category 3 sunglasses
- Breathable long and short-sleeved T-shirts
- A polar fleece
- A warm down jacket
- A Gore-Tex waterproof jacket
- A rain poncho
- A hiking trouser
- A Gore-Tex waterproof trouser
- Shorts
- A pair of gloves
- Hiking-appropriate socks
- A minimum 2L water bottle
- A pocketknife and a spork
- A flashlight or headlamp
- Sunscreen and lip balm
- A sleeping bag liner
- Toiletry kit, towel, earplugs, and toilet paper
- Minimal personal pharmacy: blister pads like Compeed, medications for common ailments such as diarrhea, constipation, sore throat, headaches, pain, allergies
- ID, money for personal expenses
- Flip flops for the hut
- Spare clothes as per your preference

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price **Millet** (excluding crampons, ice axes and helmet), **Sanglard Sports, Ravanel & Co & Concept Pro Shop**

Our Equipment Partners : **Millet, Dynastar, Julbo, Grivel & Monnet**