Compagnie des Guides de Chamonix

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TOUR DU MONT BLANC - ANTI-CLOCKWISE

Duration: 6 | Fitness: ▲▲▲△△ | Technique: ▲▲▲△△ | Price from: 1 395 €

THE CLASSIC TOUR DU MONT BLANC IN 6 DAYS

Discover the **classic Tour du Mont Blanc**, hiking anti-clockwise through France, Italy and Switzerland. Over six days, follow the most iconic sections of this legendary trail, crossing high mountain passes, alpine meadows and valleys beneath the Mont Blanc massif. Following the traditional direction of the route, this itinerary offers a **well-paced journey** through three Alpine countries, with spectacular mountain scenery throughout.

STAYING IN INNS AND SMALL HOTELS ALONG THE ROUTE

Experience this legendary trek while enjoying the comfort of **double or twin rooms** in inns and small hotels along the route. After each day of hiking, you return to your accommodation for a well-earned rest before setting off again the following morning. This option combines the experience of a multi-day mountain trek with the added comfort of double or twin accommodation.

HIKE LIGHT WITH ALL THE LOGISTICS TAKEN CARE OF

Thanks to luggage transfers, you carry only what you need for the day and enjoy the freedom of hiking light. Your qualified hiking guide leads you along the trails and **takes care of the trip logistics**, including transfers by local public transport or taxi and coordination with accommodations and local suppliers. With the practical arrangements handled throughout the trip, you can focus on enjoying your Tour du Mont Blanc.

ITINERARY

Day 1

Val Montjoie

From the centre of Chamonix, we take the bus to Les Houches and the Bellevue cable car. Our hike begins at the top of the lift, with panoramic views of the surrounding mountain ranges. We leave the Chamonix Valley behind and cross into Val Montjoie, heading towards the village of Les Contamines.

Elevation gain: 700 m (2,300 ft) - Elevation loss: 1,300 m (4,265 ft) - Distance: 12 km (7.5 miles)

Day 2

Beaufortain

We begin our day at Notre-Dame de la Gorge, known for its beautiful Baroque church. At the Col du Bonhomme (2,329 m / 7,641 ft), we leave Val Montjoie and enter the Beaufortain. We continue to the Col de la Croix du Bonhomme (2,479 m / 8,133 ft), then head towards the southern end of the Mont Blanc massif and the remote valley of Les Chapieux.

Elevation gain: 1,300 m (4,265 ft) - Elevation loss: 900 m (2,950 ft) - Distance: 16 km (9.9 miles)

Day 3

Val Veny

Heading northeast, we cross the Col de la Seigne (2,516 m / 8,255 ft), marking the border between France and Italy. Ahead of

us rise the dramatic rock faces and snow-covered peaks of the southern side of the Mont Blanc massif. We descend into Val Veny and end this beautiful day of hiking with a transfer to Courmayeur.

Elevation gain: 800 m (2,625 ft) - Elevation loss: 900 m (2,950 ft) - Distance: 15 km (9.3 miles)

Day 4

Champex Valley

This morning, we take a transfer to Arnuva in the Italian Val Ferret. We hike through spectacular mountain scenery to the Grand Col Ferret (2,537 m / 8,323 ft), marking the border between Italy and Switzerland. The descent takes us through the alpine pastures of La Peule, with distant snow-covered peaks rising above, before reaching La Fouly. A taxi then takes us to the village of Champex, where we finish the day.

Elevation gain: 800 m (2,625 ft) - Elevation loss: 900 m (2,950 ft) - Distance: 15 km (9.3 miles)

Day 5

Col de la Forclaz

We climb to the alpine pastures of Bovine and the Col de Portalo (2,049 m / 6,722 ft). Below us, the vineyards of the Rhône Valley stretch into the distance. The trail continues through the alpine pastures of La Giète (1,884 m / 6,181 ft), where the traditional Hérens cattle graze. We finish this stage at the Col de la Forclaz, a key passage between the Rhône and Trient valleys.

Elevation gain: 800 m (2,625 ft) - Elevation loss: 700 m (2,300 ft) - Distance: 14 km (8.7 miles)

Day 6

Chamonix Valley

The final ascent of our trek takes us to the Col de Balme (2,191 m / 7,188 ft), marking the border between Switzerland and France. The Mont Blanc massif unfolds before us in all its splendour. A panoramic balcony trail leads us to Charamillon, before we descend to the village of Le Tour. In the afternoon, we return to Chamonix by bus.

Elevation gain: 900 m (2,950 ft) - Elevation loss: 900 m (2,950 ft) - Distance: 11 km (6.8 miles)

GROUP BOOKING

The group option brings together participants who may not know each other. For a set program, it offers an attractive price on fixed departure dates. This option is ideal for those who enjoy the friendly atmosphere of a group. Already a group of friends and looking to share a special experience together? Consider the private option!

We have been guiding people in the mountains since 1821

Enjoy the expertise and personal attention of our hiking professionals

Travel in a small group of no more than 12 participants

Dates
See the booking module. *The departure will be confirmed once the minimum number of participants (7 people) has been reached by the trip confirmation date.*

2027 Price
€1,395 per person

The price includes
- Trip organization
- Guiding by a qualified hiking guide
- Accommodation: 5 nights in inns or small hotels, in double or twin rooms (bathrooms may be shared)
- Meals (picnic lunches, dinners and breakfasts) throughout the trip (one set menu for the entire group, excluding special diets and allergies)
- Lifts and transfers included in the itinerary
- Transfer of one soft travel bag per person, weighing no more than 15 kg

The price does not include
- Personal expenses: souvenirs and drinks
- Any costs resulting from a participant's personal decision to modify the itinerary or inability to complete a stage (additional transfer or lift, accommodation...)
- Mandatory repatriation insurance and strongly recommended cancellation insurance
- Booking fees
- Anything not listed under "The price includes"

PRIVATE BOOKING

Would you like to hike with family or friends? With the private option, you choose your departure dates, subject to accommodation availability. Together with our advisors, you create a trip tailored to your plans. **Duration, itinerary, level, accommodation and pace**: we help you make the right choices to create a program that suits your group, your preferences and your goals.

You can enjoy a **trip designed around you**, while benefiting from our local knowledge and having all the organization and logistics taken care of.

The price decreases according to the number of participants.

Ask us for a quote

FURTHER INFORMATION

In this section, you will find all the information you need about this trip. For any additional information, please contact our advisors.

Meeting Point
Please meet at 8:00 a.m. on the day of departure at the Compagnie des Guides reception desk in Chamonix. An information meeting is held the day before at 6:00 p.m. at the reception desk, giving you the opportunity to meet your group and finalize the last details with your guide. If you are unable to attend, please let us know.

On the last day, you can collect your luggage from our reception desk in the late afternoon. Your arrival time depends on the group's pace and conditions. For your return journey, we recommend booking your departure as late as possible that evening or for the following day.

Technical Level
The itinerary does not present any particular technical difficulties but follows trails that can be steep and rugged.

⚠ In June, high-altitude sections may still be covered in snow, making progress more difficult.

Fitness Level
You must be able to hike **11 to 16 km (6.8 to 9.9 miles) with 700 to 1,300 m (2,300 to 4,265 ft) of vertical ascent per day**, at an average uphill pace of 350 to 400 vertical metres per hour (1,150 to 1,310 ft/h), while carrying your daypack. Regular exercise is required and previous multi-day hiking experience is strongly recommended.

If you have any doubts about your fitness level, please contact our advisors before registering.

Accommodation
5 nights in inns or small hotels, in double or twin rooms. Bathrooms may be shared in some accommodations. Participants registering alone may share a room with another participant. We cannot guarantee that the other participant will be of the same gender.

⚠ Depending on availability, the planned accommodation may be replaced by accommodation offering an equivalent level of comfort. This may result in additional transfers at the beginning or end of the day.

⚠ Accommodation in Chamonix before and after the trip is not included. You can find the list of our partner hotels in the *Booking - Cancellation* section of the FAQ.

Meals
Breakfasts, picnic lunches and dinners are included from lunch on the first day through lunch on the last day. Please specify any special dietary requirements or allergies on your registration form.

Transfers and Lifts

The lifts included in the program and the transfers required between certain stages are included. Transfers are made using local public transportation or taxis.

⚠ At the beginning and end of the season, the itinerary may be adapted depending on lift opening dates.

Luggage
Luggage transfers between accommodations are included. You carry only your personal belongings for the day.

⚠ Each participant may bring one soft travel bag weighing no more than 15 kg (33 lb). Hard-shell suitcases are not permitted.

Itinerary
Distances and elevation figures are provided for information only. The itinerary may be adapted by your guide depending on mountain conditions and the level of the group.

Guiding
The trip is led by a qualified hiking guide. The group consists of 7 to 12 participants aged 16 and over. Participants under 18 must be accompanied by a legal guardian.

Formalities
You must have insurance covering search and repatriation costs in all three countries visited, as well as a valid form of identification. Cancellation insurance is strongly recommended. We offer combined assistance, repatriation and cancellation insurance, which can be purchased when you register (EU and UK residents only). You can find the list of eligible countries of residence in the *Booking - Cancellation* section of the FAQ.

For European residents, the European Health Insurance Card is also strongly recommended.

EQUIPMENT

Take special care when choosing your gear to maximize your chances of success. Stick to the essentials to keep your backpack as light as possible. This equipment list is provided to help you pack. It has been tested and approved by our guides. We recommend following it when deciding what to pack. You can find the list of our Equipment and Rental partners in the *Practical Information* section of the FAQ.

Backpack and luggage
- A 30-liter backpack
- One soft travel bag, maximum 15 kg (hard-shell suitcases are not permitted)

Clothing
- Breathable long- and short-sleeved T-shirts
- A lightweight fleece jacket
- A warm, lightweight and packable insulated jacket
- A waterproof jacket (e.g. Gore-Tex)
- Hiking pants
- Shorts
- Waterproof pants (e.g. Gore-Tex)

Footwear and evening wear
- Hiking socks
- A pair of high-cut hiking boots with a good sole
- A change of clothes for the evening
- A pair of lightweight flip-flops for the evening

Protection and hiking accessories
- A pair of telescopic trekking poles
- A rain poncho
- A pair of gloves
- A beanie
- A hat or cap
- A pair of Category 3 sunglasses

Personal equipment and essentials
- At least 2 liters of water (water bottle, hydration bladder… one or more containers of your choice)
- Picnic utensils
- A few small waste bags to carry your waste with you

- A flashlight or headlamp
- A sleeping bag liner
- Sunscreen and lip balm
- A basic toiletry kit: towel, earplugs and toilet paper
- A small personal first-aid kit: Compeed-style blister dressings and medication for common ailments such as diarrhea, constipation, sore throat, headaches, aches and pains, and allergies (your guide carries a first-aid kit)

Documents and money
- A valid form of identification
- Money for personal expenses (euros and Swiss francs)

⚠ **The weather changes quickly in the mountains**
Even in the middle of summer, you may encounter all kinds of weather. Make sure you bring adequate protection against rain and cold.