Compagnie des Guides de Chamonix

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HIKING - TOUR DU MONT BLANC FOR KIDS

Duration: 6 | Fitness: ▲▲▲▲▲ | Technique: ▲▲▲▲▲ | Price from: 1 145 €

We have designed a Tour du Mont Blanc specifically for children aged 10 to 13. The stages are carefully planned to ensure a well-balanced tour with no major difficulties. Overnight stays involve camping to maintain a suitable environment. The trip features a variety of enjoyable and educational activities, including high mountain pasture tours, themed evenings, entertaining events, campsite stewardship, and the opportunity for shopping in Courmayeur!

To cater to the children's needs, we have implemented specific logistics supervised by three mountain professionals. Two hike leaders accompany the groups, and another person manages trip logistics, providing assistance if necessary. We take care of luggage transfers, so your child only needs to carry a light backpack.

This trip is a natural extension of your mountain summer camp for kids. Centered around different daily physical activities, it allows your children to meet new people, boost their self-confidence, and develop environmental awareness while exploring the mountains of the Mont Blanc Massif. It is never too early to embark on serious hiking! This offers a genuine immersion in the mountain environment to make the most of the experience and fully enjoy it.

ITINERARY

Day 1

Chamonix - Trient

We start our beautiful trip from the village of Le Tour in order to begin the climb through the mountain pastures to the Col de Balme (7,188ft) on the Franco-Swiss border. After a last look at the Chamonix valley and the Aiguilles Rouges massif that we will find again at the end of the week, we will descend through mountain pastures and forests, arriving in the village of Trient (4,350ft). Night at the Col de la Forclaz campsite.

Elevation gain : 2,600 feet - Elevation drop : 3,000 feet - Distance : 7.5 miles

Day 2

Trient - La Fouly

From the pass, we climb into a forest that dominates the Rhone Valley and Martigny. We arrive at the mountain pastures of Bovine (6,519ft), an ideal place for the picnic that we will take surrounded by Hérens (Swiss cows). Then we descend towards the Plan de l'Au to finish the walk in Champex (4,862ft). It is by bus that we will reach the La Fouly campsite, passing through very pretty, typically Swiss villages.

Elevation gain : 2,300 feet - Elevation drop : 2,600 feet Distance : 8.7 miles

Day 3

La Fouly - Val Ferret italien

A short transfer to the bottom of the valley (5,912ft). Climbing into the Swiss mountain pastures, we go to meet the shepherds and their flocks of sheep, as well as the gray cows, famous for their "bear ears." Finally arriving at the Grand Col Ferret (8,169ft), on the Italian-Swiss border. We are welcomed by the southern faces of the Mont-Blanc massif. On our right, we will discover Mont Dolent, an emblematic summit on the borders on Franc Italy and Switzerland. The descent takes place in front of the Pré de Bar and Miage glaciers, to the bottom of the Italian Val Ferret, at Arnuva (5,803ft). We spend the night in a campsite at Planpincieux.

Elevation gain : 3,000 feet- Elevation drop : 2,500 feet - Distance : 8.7 miles

Day 4

Val Ferret - Courmayeur

Val Ferret - Courmayeur

Today a nice traverse of the Saxe Mountain is waiting for us. From the hamlet of Lavachey (5,413ft) we reach the famous Walter Bonatti mountain hut. The small valley of Malatra lead us to the pass “d’Entre deux sauts” (8,270ft) followed by the pass “Col des sapins” (7,988ft). The follow the Val Sapin path to reach the hamlet of Villair Superiore. It's time to enjoy Courmayeur and a well-deserved ice cream. Transfer to the Val Veny campsite.
Elevation gain : 3,500 feet - Elevation drop : 4,300 feet - Distance : 8 miles

Day 5

Val Veny - Chapieux

Departing from the hamlet of La Visaille (5,442ft), we climb along the glacial waters of Lac Combal. Step by step we reach the Italian-french border and the “Col de la Seigne” pass (8,254ft). It is time to say goodbye to the Italian side of Mont Blanc. The Beaufortin mountain pastures await us for the descent, with their herds of goats, but above all its Tarines: superb cows with velvet eyes. We hike down to Les Chapieux where we spend the night in the campsite.
Elevation gain : 3,000 feet - Elevation drop : 2,500 feet - Distance : 9.3 miles

Day 6

Les Chapieux - Les Contamines

Today we are doing the Col du Bonhomme pass (7,982ft), a nice hike up through the mountain pasture where we might have surprising encounters and surely a nice lunch on a natural terrace. Step by step we are heading down to Notre Dame de la Gorge. This is the end of our hike. Transfer back to Chamonix around 5p.m, it will be time to say good bye … until our next junior trip in the Alps together !
Elevation gain : 3,000 feet - Elevation drop : 4,300 feet - Distance : 10 miles

GROUP BOOKING

The collective formula associates several people who do not necessarily know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates : See below for the group booking module

The departure will be confirmed once the minimum number of participants (10 people) has been reached by the trip confirmation date.

Price 2027 : 1145 € per person

This price includes :
- the organization and supervision by 2 state qualified trekking guides
- half-board accommodation in campsites
- picnic lunches
- transfers throughout the hike
- luggage transportation throughout the trek (1 piece of luggage per person, Maximum 15KG per bag - No hard-shell suitcase)

Not included in the price :
- drinks and personal expenditure (souvenirs…)
- repatriation insurance (compulsory)

FURTHER INFORMATION

In this section, find all the information about this activity. To prepare your trip effectively, refer to the guides’ tips. They share their expertise and recommendations, ensuring you have a great experience. For further information, please contact our advisor (contact details above).

Meeting point : Meet at 8.30 am at the Compagnie des Guides office, 190 Place de l’Eglise, 74400 Chamonix.

Ability level : 4/5 - The Tour du Mont-Blanc Kid hiking trip is a moderate trek. A minimum of 460m (1509ft) and a maximum of 1150m (3772ft) vertical gain and about 5 hours of hiking daily. Hiking on generally well-maintained mountain trails, sometimes including out-of-trail sections. For active people who do not mind training to prepare for the hike. A great multiday hike for people with trekking experience.

Itinerary: The guide may need to adjust the itinerary based on weather conditions and/or the physical and/or technical abilities

of the group

Guiding policy : minimum of 10 and a maximum of 14 children per group. The Compagnie des Guides de Chamonix's guiding policy guarantees the most balanced groups as possible as well as high-quality personalised advice.
- 2 state qualified trekking guides (1 male, 1 female) for each group are dedicated to our junior tours
- 1 state qualified trekking guide is managing the trip logistics and can help if necessary

Accomodation : 5 nights under tents in a campground. Our campsite is equiped with 3/4 people tents and a large group tent used for meals and meetings.

Meals : our guiding team prepares healthy balanced meals daily, using fresh local products as much as possible. Naturally, food preferences of the children are taken into consideration.

Documentation :
- Aged between 10 and 13 years old
- Participants must have sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance offering both of these types of cover when you sign up.
- Participants must also take valid ID with them
- Ability to swim certificate
- Health form instruction
- Parental authorization

Preparing for the trip : There is an information meeting with your mountain leader the day before departure at 6pm at the Compagnie des Guides Office.

For the attention of the legal guardian of the registered minor : The legal guardian is aware of the sporting and risky nature of the activities offered as part of this service. Failure to comply with safety instructions and level requirements can lead to accidents.
You must return the following completed documents to us: Parental authorization, Authorization to leave the country, Health form, Passport or Identity Card of the child and their legal representative (valid).

EQUIPMENT

Weight is a hiker's adversary, so it is crucial to carefully select your equipment as it plays a key role in ensuring the success of your trip

Your gear
- A 30L backpack
- A compact and sturdy travel bag, maximum 15 kg
- A pair of top quality hiking boots
- A pair of telescopic poles
- A hat or cap
- A warm hat
- Category 3 sunglasses
- Breathable long and short-sleeved T-shirts
- A polar fleece
- A warm down jacket
- A Gore-Tex waterproof jacket
- A rain poncho
- A hiking trouser
- A Gore-Tex waterproof trouser
- A short
- A pair of gloves
- Hiking-appropriate socks
- A minimum 2L water bottle
- A pocketknife and a spork
- A flashlight or headlamp
- Sunscreen and lip balm
- A sleeping bag
- A ground mat
- Games, books
- Toiletry kit, towel, earplugs, and toilet paper
- Minimal personal pharmacy: blister pads like Compeed, medications for common ailments such as diarrhea, constipation,

sore throat, headaches, pain, allergies
ID, money for personal expenses
- Spare confortable shoes
- Flip flop
- A jogging suit
- Spare clothes as per your preference

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price Millet (excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop
Our Equipment Partners : Millet, Dynastar, Julbo, Grivel & Monnet