Compagnie des Guides de Chamonix

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MOUNTAINEERING - GRAN PARADISO

Duration: 3 | Fitness: ▲▲▲▲△ | Technique: ▲▲▲△△ | Price from: 735 €

CLIMBING GRAN PARADISO IN THREE DAYS

Located in the Aosta Valley, Gran Paradiso (4061 m) is the only 4000-metre peak entirely within Italy. Starting from Valsavarenche, the ascent leads through larch forests before gradually reaching the rocky and glacial terrain of the high mountains. The final 50 metres are rockier and more exposed, leading to the Madonna that marks the summit. We offer this ascent over three days, with nights at the Chabod and Vittorio Emanuele huts, to spread the physical effort more evenly and allow plenty of time to discover and enjoy the Gran Paradiso massif.

AN ASCENT SHAPED BY GLACIER RETREAT

Glacier retreat has gradually changed the route on Gran Paradiso. Except early in the season, the ascent is no longer the predominantly snowy climb it once was. Reaching the glacier now involves more rocky terrain and requires sure-footedness. Later in the season, depending on conditions, a short equipped section similar to a via ferrata may also be used.

ITINERARY

Day 1

Walk up to the Chabod Hut (2710 m)
Transfer from Chamonix to Valsavarenche via the Mont Blanc Tunnel. From the hamlet of Pravieux (1834 m), near the village of Pont, we follow an old mule track lined with dry-stone walls through a larch forest. We reach the Lavassey alpine pasture (2194 m), then continue above the tree line to the Chabod Hut (2710 m). Overnight at the hut.
Vertical ascent: 876 m

Day 2

Ascent of Gran Paradiso
We head out by the light of our headtorches to reach the Laveciau Glacier, which we follow on gentle slopes below the imposing northwest face of Gran Paradiso. At around 3600 m, we join the Gran Paradiso Glacier and continue along the normal route. The final 50 metres are rocky and exposed, leading to the summit (4065 m), with an extensive panorama across the Alps. We then descend by the normal route to the Vittorio Emanuele Hut (2732 m), where we have lunch before spending the night.
Vertical ascent: 1355 m - Vertical descent: 1353 m

⚠ **Program adjustment in case of poor weather**
If conditions on Day 2 do not allow an ascent of Gran Paradiso, we make our way to the Vittorio Emanuele Hut along the panoramic trail and postpone the summit attempt until Day 3. In this case, we return to Chamonix in the middle of the afternoon.

Day 3

Descent to Pravieux
We return to Pravieux along a panoramic trail offering numerous views of the peaks surrounding Valsavarenche. The route passes below the Chabod Hut before rejoining the trail we followed two days earlier for the final part of the descent. Return to Chamonix around midday.
Vertical ascent: 200 m - Vertical descent: 1000 m

GROUP BOOKING

The group option brings together participants who may not know each other. It allows you to follow a set program on fixed dates while benefiting from an attractive price and the friendly atmosphere of a group.

Dates
See the group booking module below.
For September departures, due to the closure of the Mont Blanc Tunnel, the journey will be via the Great St Bernard Tunnel.

Price 2027
€760 per person based on a minimum of 3 participants.
Registration possible from age 18.

This price includes
- IFMGA English-speaking mountain guide
- Two nights in mountain huts on a half-board basis (dinner, overnight stay and breakfast)
- Lunch at the hut after the ascent on Day 2
- Transfers mentioned in the program

This price does not include
- Drinks at the huts and personal expenses (we recommend bringing euros)
- Picnic lunches on Days 1 and 3
- Transport to the meeting point
- Personal technical equipment, including mountaineering boots

PRIVATE BOOKING

The private option allows you to climb Gran Paradiso with your own group and benefit from a guide dedicated exclusively to you. You can choose your departure date subject to hut availability, and the program can be adjusted according to your level, mountain conditions and expectations.

Prices 2027
Registration possible from age 16.

2 people: €1290 per person
3 people: €920 per person
4 people: €735 per person

This price includes
- IFMGA English-speaking mountain guide
- Two nights in mountain huts on a half-board basis (dinner, overnight stay and breakfast)
- Lunch at the hut after the ascent on Day 2
- Transfers mentioned in the program

This price does not include
- Drinks at the huts and personal expenses (we recommend bringing euros)
- Picnic lunches on Days 1 and 3
- Transport to the meeting point
- Personal technical equipment, including mountaineering boots

FURTHER INFORMATION

To prepare for your trip, read our guides' tips, which provide useful advice and recommendations for our mountaineering trips.

Meeting point
Meet at 10.00am on Day 1 at the Chamonix Guides office, 190 place de l'Église, Chamonix.

Fitness level
Regular endurance training is necessary. You should be prepared for up to 8 hours of physical activity per day at altitude.

Technical level
Some previous mountaineering experience is required. You should have already used crampons. Previous participation in a

mountaineering basics session is sufficient.

Guiding policy
3 to 4 people per guide. *Participants must be at least 18 years old.*

Accommodation
2 nights in mountain huts on a half-board basis (dinner, overnight stay and breakfast).

⚠ **Formalities**
Participants must have mountain sports insurance including repatriation cover. We strongly recommend cancellation insurance. Insurance can be purchased when booking. Participants must also carry a valid ID.

EQUIPMENT

We recommend taking particular care when choosing your equipment, as it directly contributes to your comfort during the trip. Choose lightweight equipment suitable for high-altitude mountaineering, while ensuring adequate protection from cold and bad weather.

Equipment
- 35-litre backpack
- Mountaineering boots, *available for rent*
- Gaiters, if required with your trousers
- Telescopic trekking poles, *available for rent*
- Crampons with anti-balling plates, *available for rent*
- Helmet, *available for rent*
- Harness, *available for rent*
- Straight ice axe, *available for rent*

Clothing
- Warm hat compatible with a helmet
- Sun hat or cap
- Neck warmer such as a Buff
- Long-sleeved technical base layer
- Fleece
- Gore-Tex shell jacket with hood, *available for rent*
- Lightweight down jacket
- Thermal leggings
- Summer mountaineering trousers
- Gore-Tex overtrousers, *available for rent*
- Walking socks
- Warm gloves
- Lightweight gloves
- Change of clothes for the nights in the huts

Accessories
- Category 4 sunglasses
- Headtorch
- Sleeping bag liner
- Water bottle of at least 1.5 litres
- A personal first aid kit including at least sunscreen, lip balm, blister treatment, as well as your usual medication for headaches and nausea
- Earplugs
- Waterproof pouch containing your ID and euros

Our Rental Partners
You can rent equipment at preferential rates from our partner shops: Millet (excluding crampons, ice axes and helmets), Sanglard Sports, Ravanel & Co and Concept Pro Shop.

Our Equipment Partners
Millet, Dynastar, Julbo, Grivel and Monnet.