Compagnie des Guides de Chamonix

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MOUNTAINEERING - VINCENT PYRAMID

Duration: 4 | Fitness: ▲▲▲△△ | Technique: ▲▲△△△ | Price from: 1 050 €

DISCOVER HIGH-ALTITUDE MOUNTAINEERING WITH AN ASCENT OF THE VINCENT PYRAMID

This trip is designed for those looking to discover high-altitude mountaineering progressively and climb their first 4000-metre peak. The first two days in the Mont Blanc massif, including a night at a mountain hut above the Tour Glacier, provide an opportunity to gradually become accustomed to altitude and learn essential mountaineering skills, including the use of crampons and an ice axe. We then travel to the Italian side of the Monte Rosa massif to climb the Vincent Pyramid (4215 m).

AN ACCESSIBLE BUT PHYSICALLY DEMANDING INTRODUCTION TO HIGH ALTITUDE

Designed as an introduction to high-altitude mountaineering, this trip remains physically demanding. The consecutive days in the mountains and the ascent above 4000 metres require good physical fitness and regular endurance training. If you are unsure about your level, our team can help you choose the most suitable program.

ITINERARY

Day 1

Walk up to the Albert 1er Hut (2702 m)
We start from the village of Le Tour (1450 m) and take the lifts to near the Col de Balme (2100 m). A traversing path followed by the moraine of the Tour Glacier leads us to the Albert 1er Hut (2702 m). After a break at the hut, we head onto the Tour Glacier for a mountaineering skills session focusing on the use of crampons and an ice axe. Overnight at the hut.
Vertical ascent: 600 m

Day 2

Ascent of Tête Blanche (3421 m) | Overnight in Chamonix
We head out by the light of our headtorches and quickly reach the Tour Glacier, where we put on our crampons. We follow the gentle slopes of the glacier to the summit of Tête Blanche (3421 m), with views of the Aiguille du Chardonnet (3824 m) and the Trient Glacier. We descend by the same route to the hut and then to the village of Le Tour. Overnight in Chamonix.
Vertical ascent: 715 m - Vertical descent: 1320 m

Day 3

Walk up to the Gnifetti Hut (3648 m)
Morning transfer to Gressoney-Staffal in the Aosta Valley, at the foot of the Italian side of the Monte Rosa massif. We take the lifts from Staffal to the Indren Glacier (3275 m). A short glacier traverse then leads us to the Gnifetti Hut (3648 m), where we spend the night.
Vertical ascent: 370 m

Day 4

Ascent of the Vincent Pyramid (4215 m)
We leave the hut at dawn and climb the Lys Glacier to the summit of the Vincent Pyramid (4215 m). Depending on the level of the group and the conditions, your guide may suggest continuing to the Col du Lys (4250 m), which offers a magnificent panorama over the Monte Rosa massif. We descend by the same route before returning to the valley and travelling back to Chamonix in the middle of the afternoon.
Vertical ascent: 570 m - Vertical descent: 1250 m

GROUP BOOKING

The group option brings together participants who may not know each other. It allows you to follow a set program on fixed dates while benefiting from an attractive price and the friendly atmosphere of a group.

Dates
See below for the group booking module.

Price 2027
€1050 per person based on a minimum of 4 participants.
Registration possible from age 18.

This price includes
- IFMGA English-speaking mountain guide
- Two nights in mountain huts on a half-board basis on Days 1 and 3 (dinner, overnight stay and breakfast)
- Lift access required for the program
- Transfers mentioned in the program

This price does not include
- Drinks in the huts and personal expenses (please bring euros)
- Accommodation in Chamonix on Day 2
- Picnic lunches and snacks
- Transport to the meeting point
- Personal technical equipment

PRIVATE BOOKING

The private option allows you to complete this trip on your own or with your own group and benefit from a guide dedicated exclusively to you. You can choose your departure date subject to hut availability, and the program can be adjusted according to your level, mountain conditions and expectations.

Prices 2027
Registration possible from age 16.

2 people: €2095 per person
3 people: €1520 per person
4 people: €1230 per person
5 people: €1055 per person

This price includes
- IFMGA English-speaking mountain guide
- Two nights in mountain huts on a half-board basis on Days 1 and 3 (dinner, overnight stay and breakfast)
- Lift access required for the program
- Transfers mentioned in the program

This price does not include
- Drinks in the huts and personal expenses (please bring euros)
- Accommodation in Chamonix on Day 2
- Picnic lunches and snacks
- Transport to the meeting point
- Personal technical equipment

FURTHER INFORMATION

To prepare for your trip, read our guides' tips, which provide useful advice and recommendations for our mountaineering trips.

Meeting point
Meet at 10.00am on Day 1 at the lift station in the village of Le Tour (Balme / Vallorcine).

Fitness level

Regular endurance training is necessary. The program involves up to 6 hours of physical activity per day at altitude.

Technical level
You should be an experienced hiker. No previous mountaineering experience is required.

Guiding policy
4 to 5 people per guide. *Participants must be at least 18 years old.*

Accommodation
2 nights in mountain huts on a half-board basis (dinner, overnight stay and breakfast) on Days 1 and 3. For the night of Day 2 in Chamonix, preferential rates are available with our partner hotels.

⚠ **Formalities**
Participants must have mountain sports insurance including repatriation cover. We strongly recommend cancellation insurance. Insurance can be purchased when booking. Participants must also carry a valid ID.

EQUIPMENT

We recommend taking particular care when choosing your equipment, as it directly contributes to your comfort throughout the trip. Choose lightweight equipment suitable for high-altitude mountaineering, without compromising on protection from cold and adverse weather.

Equipment
- A 35-litre backpack
- Mountaineering boots, *available for rent*
- Gaiters if required with your trousers
- Telescopic trekking poles, *available for rent*
- Crampons with anti-balling plates, *available for rent*
- A helmet, *available for rent*
- A harness, *available for rent*
- A straight ice axe, *available for rent*

Clothing
- A warm hat compatible with a helmet
- A sun hat or cap
- A neck warmer such as a Buff
- A long-sleeved technical base layer
- A fleece
- A Gore-Tex shell jacket with hood, *available for rent*
- A lightweight down jacket
- Thermal leggings
- Durable hiking trousers
- Gore-Tex overtrousers, *available for rent*
- Walking socks
- Warm gloves
- Lightweight gloves
- A change of clothes for the nights in the huts

Accessories
- A sleeping bag liner
- Category 4 sunglasses
- A headtorch
- A water bottle of at least 1.5 litres
- A personal first aid kit including at least sunscreen, lip balm, blister treatment, as well as your usual medication for headaches and nausea
- Earplugs
- A waterproof pouch containing your ID and euros

Our Rental Partners
You can rent equipment at preferential rates from our partner shops Millet (excluding crampons, ice axes and helmets), Sanglard Sports, Ravanel & Co and Concept Pro Shop.

Our Equipment Partners

Millet, Dynastar, Julbo, Grivel and Monnet.