



# Compagnie des Guides de Chamonix

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## ROCK CLIMBING - CHAMONIX BEST ROCK CLIMBS

Duration: 2

Difficulty: ▲▲▲▲▲

The Mont Blanc Massif is particularly famous for its unique backdrop, a blend of tormented glaciers and slender needles of rock. Climbers come here from across the world, attracted by the granite and looking for the characteristic high-quality climbing that it affords. Explore two routes that have made Chamonix famous: the legendary 'Rébuffat' route on the Aiguille du Midi and the Piola route 'Nabot Léon' on the Aiguille de Blaitière. Having our base camp in the Plan de l'Aiguille mountain hut means you can also make the most of the remarkable atmosphere and stillness of the surroundings.

This programme is aimed at those who are looking to find out more about the climbing that typifies the Mont Blanc Massif. It requires previous experience in rock climbing and the ability to climb French grade 5c/6a.

### ITINERARY

#### Day 1 : Rébuffat route (200m, F6a) - south face of the Aiguille du Midi (3842m)

Meet in Chamonix. Take the cable car up to the Aiguille du Midi. We walk down the arête (20 mins) and start the climb. This route has everything that high altitude rock climbing has to offer - a majestic backdrop, beautiful coloured granite and varied climbing - and is an absolute must! Short rappel descent, descent to the Aiguille du Plan via cable car. Night in Aiguille du Plan hut (2207m).

#### Day 2 : Piola route 'Nabot Léon' (250m, F6a) - Pilier Rouge of the Aiguille de Blaitière (3170m)

We leave at sunrise for the west face of the Aiguille de Blaitière (1½ hours). This is another magnificent and varied route, one of a number of masterpieces put up by the talented Swiss new router, Michel Piola. Rappel descent, return to Plan de l'Aiguille and descent by cable car to Chamonix.

*This programme is meant as a guide only. Depending on the abilities of the group and the conditions in the mountains, your mountain guide may alter the route.*

### PRIVATE BOOKING

Private booking is the historical relationship that binds a guide to his/her client. It allows you to be alone, or in a constituted group, with your guide that meets your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you a maximum of comfort. You are free to choose your departure date and the itinerary can be adjusted, according to your specific expectations.

#### Prices 2025 :

1 person: 1330€ per person

2 people : 750€ per person

*Minors aged 16 and over must be accompanied by an adult*

Included in the package :

- IFMGA English speaking mountain guiding service
- one half - board (dinner, night & breakfast)
- lift access as per programme

Not included in the package :

- take out lunches and daily snacks

- personal drinks and other personal expenses (we recommend you bring Euros)
- cost of getting to meeting point
- personal equipment

## FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisor (contact details above).

**Meeting point :** Meet at 7.00am at the Chamonix Guides office

**Ability level :** An appropriate choice of peak is essential for you to properly enjoy your holiday. To get the most out of your trip we recommend you take regular exercise throughout the year and, where necessary, undertake specific training a few months before you leave. Try to avoid last minute training that can lead to injury. Do not to overestimate your abilities and do be aware that the weight of your pack and higher altitudes reduce your usual strength and stamina. For people who regularly exercise/take part in sports.

Participants need to be able to climb multi-pitch F5+/6. No mountaineering experience is required but the descent of the arête of the Aiguille du Midi does require a certain level of comfort in this terrain.

**Guiding policy :** 2 people. The Compagnie des Guides de Chamonix's guiding policy is one of the strictest in the mountain guiding business. It guarantees the most balanced groups as possible as well as high-quality personalised advice.

*Minors aged 16 and over must be accompanied by an adult*

**Accommodation :** During the trip: One half-board in hut includes.

Before/After: benefit from special prices with our hotel partners in Chamonix.

**Documentation :** Participants must have mountain sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance when you sign up. Participants must also take valid ID with them.

**Preparing for the trip :** The day before, the mountain guide will be in contact to answer any questions you may have.

## EQUIPMENT

We recommend you take particular care over you choice of equipment, as it plays a large role in the success of your trip. Weight is critical, and you must always evaluate the weight-to-comfort ratio to find the best compromise. Generally speaking, it is better to put on several thin layers than to have one bulky item of warm clothing.

### Equipment

- Light back pack
- Light high mountain shoes
- Light crampons
- Rock climbing shoes
- Belay device, slings, self-locking device for rappelling, screws carabineers
- Harness
- Helmet

### Clothing

- Classic clothing adapted for climbing in high altitude
- Windproof jacket
- A pair of thin gloves

### Accessories

- A pair of sun glasses category 4
- High protection sun cream
- A water bottle that contains a minimum 1,5 L
- Snacks

**Our Rental Partners :** You can rent your equipment with our rental shops partners and benefit from special price [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

For clothes, you can contact our partner [Millet](#)

**Our Equipment Partners :** [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)