

# Compagnie des Guides de Chamonix

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	ICE CLIMBING	 
Duration: 1	Fitness:	Price from: 165 €

Ice climbing is often seen as a very physical activity, in short, inaccessible. Try the experience supervised by our mountain guides, you will find that this is far from the case. You will quickly discover that finesse and intuition are the key words of this activity! The Chamonix Valley has two crag sites perfectly suited to a safe discovery for beginners : the Crémerie in Argentière and the Cascade de Bérard in Vallorcine. Thanks to our partner Grivel, all technical equipment except shoes is provided: ice axes, crampons, helmet and harness.

From the first cold, taste the pleasure of ice climbing in Chamonix. Discover the use of crampons and ice axes and move through a magical crystalline universe. This activity does not require previous mountaineering and rock climbing experience. The fast approach (20 ') allows easy access to the sites.

The Bérard icefall crag site is entirely man-made. It was developed by members of the Compagnie des Guides de Chamonix, helped by a collective. They set up a system of heated pipes to provide reliable water supply. Every evening the sprinklers are turned on so that the ice forms. Only one parameter remains uncontrollable: the temperature! Fortunately, thanks to its inertia, once formed, the ice at the Bérard site is resistant, to a certain extent, to periods of warmth.

If you want to go for more, we also run an ice climbing course on two days.

## **GROUP BOOKING**

The group formula associates people who do not necessarily know each other. It is ideal for people looking for group friendliness and attractive prices.

Dates (group booking) : See online booking for group booking

Guiding policy (group booking) : Group of 4 people maximum per guide. Children minimum 15 years old accompanied by a parent

Meeting Point (group booking): 8.00am at the Compagnie des guides in Chamonix

Departure (group booking) : The departure is guaranteed with a minimum of 3 registered participants

**Price 2025 (group booking) :** 165€ per person Half day outings are not available for the collective sessions

This price includes :

- mountain guides fees
- technical equipment: helmet, harness, crampons & ice axes
- transfer to the activity place

This price does not include :

- specific crampon-compatible high-mountain shoes: high upper and rigid sole. Available for rent from our partners
- lift ticket if needed
- transfer
- Lunch

**PRIVATE BOOKING** 

A private formula is the historical relationship that binds a guide to their clients. It allows you to be either alone or in a group of friends with your guide. Your guide can organize your trip to meet your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you a maximum of comfort. You can book a private guide online on a day for an introduction to ice climbing. The half-day and a climb for advanced moutaineers can only be booked by phone, email or directly at the office.

### Dates (private booking) : See online booking

Meeting Point (private booking): Your guide will call you the evening before your trip around 6.30pm to organize the meeting time and place

Guiding policy (private booking) : Group of 1 - 4 people per guide. Children from 12 years old accompanied by a parent

#### Prices 2025 (private booking) : - Day

Group from 1 to 2 people :  $430 \in$ Group from 3 to 4 people :  $460 \in$ - Half Day Group from 1 to 2 people :  $300 \in$ Group from 3 to 4 people :  $320 \in$ 

The price includes : - mountain guides fees

The price does not include :

- your technical equipment: helmet, harness, crampons and ice axes
- specific crampon-compatible high-mountain shoes: high upper and rigid sole. Available for rent from our partners
- lift passes if needed
- the transfer
- food

## **FURTHER INFORMATION**

In this section, find all the information about this activity. For further information, please contact our advisor.

Duration : Full day

Place : Argentiere glacier or Berard valley depending on conditions

**Ability level :** The choice of destination adapted to your level is essential for you to fully enjoy your trip. Ice climbing is intended for people who practice regularly a sporting activity. No previous mountaineering experience is required.

**Formality :** Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

## EQUIPMENT

We recommend that you take special care in choosing your equipment because it contributes greatly to the success of your trip. As alpine conditions can be highly variable with sudden changes, it can get very cold in altitude, it is preferable to have numerous layers rather than one thick piece of clothing.

### Equipment

- Specific crampon-compatible high-mountain shoes: high upper and rigid sole. Available for rent from our partners

- Backpack

## Clothing

- Warm and waterproof clothes
- Hat
- Warm gloves

#### Accessories

- Sunglasses

- Lunch
- Hot drink

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price Millet, Sanglard Sports, Ravanel & Co & Concept Pro Shop Our Equipment Partners : Millet, Dynastar, Julbo, Grivel & Monnet