Compagnie des Guides de Chamonix

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ELECTRIC MOUNTAIN BIKING - PAYS DU MONT BLANC

Duration: 3 Difficulty:

Discover the Pays du Mont Blanc during this roaming electric mountain bike trip. This circuit will allow you to enjoy the most beautiful routes and the most beautiful panoramas on the Mont Blanc Massif. Chamonix Valley, Val Montjoie, Val d'Arly and Vallée de l'Arve, every day you will ride in a new sector between lakes, mountain pastures and forests to experience a real change of scenery. The night in a hotel benefits from logistical assistance guaranteeing you suitable comfort and light backpacks.

The night in a refuge will also allow you to enjoy total immersion in the mountains. This Pays du Mont Blanc electric mountain bike trip requires prior experience of mountain biking in order to take full advantage of it. The stages and the logistics are perfectly adapted to a first experience of an itinerant mountain biking trip. This trip serves as a natural progression before taking on our 4-day Tour du Mont Blanc, following the world-class hiking itinerary.

ITINERARY

Day 1

Chamonix - Cordon

We start off from Chamonix (3,444ft) and head for Les Houches (3,182ft) from where we take the direction of the Col de Voza (5,436ft) which offers a magnificent overview of the Chamonix Valley. From there, a beautiful descent allows us to reach the Village of Bionnassay (4,330ft) then Champel (3,953ft) which marks our entry into Val Montjoie. By a magnificent path we cross onto the other side reaching the summit of Mont Joux (6,423ft) from where we enjoy a sublime view of the Mont Blanc massif with the Fiz and Aravis massifs in the background. We then begin our descent into the Val d'Arly and Cordon (2,952ft) where we will spend the night. Logistics assistance with access to luggage.
Elevation gain : 5,600 feet. Elevation drop : 5,600 feet. Distance : 19 miles

Day 2

Cordon - Moëde Anterne

Departure from the pretty village of Cordon by the forest tracks for the Arve Valley and Domancy (1,804ft). We quickly cross the urbanized taking the direction of Passy (2,296ft) then Plaine Joux (4,297ft) located at the foot of the impressive rock faces of the Fiz massif which is home to golden eagles, bearded vultures and vultures. We pass by the picturesque Lac Vert (4,117ft), the traditional chalets of Ayères (4,921ft) to reach the refuge of Moëde Anterne (6,568ft) located in the Passy nature reserve. Night in a mountain hut. No Acess to luggage.
Elevation gain : 4,900 feet. Elevation drop : 1,600 feet. Distance : 14 miles

Day 3

Moëde Anterne - Chamonix

We take our time to wake up this more so we can enjoy a little more of the typical atmosphere of the refuge. We descend into the valley following part of the route taken the day before plunging into the village of Servoz (2,657ft). We then take the diligence road, built on the initiative of Napoleon III in order to open up the Chamonix Valley, to reach the Lac des Chavants (3,346ft). We change sides to reach the Flaitière site (4,593ft) which offers a breathtaking view of the Mont Blanc. A final descent brings us back to Chamonix in the middle of the afternoon and marks the end of our journey.
Elevation gain : 2,600 feet. Elevation drop : 6,500 feet. Distance : 16 miles

GROUP BOOKING

Group session associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates : See below for the group booking module

Price 2026 : 860 € per person based on minimum of 4 participants

The price includes :
- supervision by a state-certified mountain bike instructor
- 2 nights half board (1 night in a refuge in dormitory + 1 night in a hotel in a room for double occupancy*)
For people signing up alone, we cannot guarantee that you will share your room with a person of the same gender.
- picnics
- logistical support with access to luggage on Day 1

Not included in the price :
- drinks in refuge / hotel and personal expenses (provide Euros)
- full suspension Electric mountain bike rental (recomended) + helmet
- equipment specific to mountain biking (gloves and helmet mandatory, knee pads and elbow pads highly recommended)
- travel to get to the meeting place
- repatriation insurance (compulsory). Cancellation Insurance highly reccommended

PRIVATE BOOKING

Want to ride bike with family or friends? Want the freedom to choose your departure dates*, enjoy a tailor-made itinerary adapted to your desires, and benefit from guidance specifically suited to your level? Choose the private package!
This is the traditional relationship between a guide and their clients. It allows you to be alone or in a group with your guide, who will respond to your specific needs. The ideal package for realizing your plans, as it guarantees maximum comfort.

Discounted rates based on the number of participants.
*Subject to availability of accommodation.
Contact us for a quote.

FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisor (contact details above).

Meeting point : meet at 8.00 am at the Compagnie des Guides office, 190 Place de l'Eglise, 74400 Chamonix.

Level : This trip is intended for people who have already practiced mountain biking on trails. The routes are mainly biking tracks or wide footpaths. No particular technical difficulty but it is necessary to have some basic piloting skills: good handling of the handlebars, adaptation of the speed to the terrain.

Guiding policy : group of 4 to 8 people.
Registration possible from 16 years of age. Registration is not permitted to anyone under the age of 18 without a legal guardian.

Accommodation :
- During the trip : Half-board in a mountain hut (dormitory) and hotel (room for double occupancy*)
For people signing up alone, we cannot guarantee that you will share your room with a person of the same gender.
- Before & after the trip : benefit from preferential prices from our partner hotels in Chamonix.

Documentation :
- Participants must have sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance offering both of these types of cover when you sign up.
- Participants must also take valid ID with them.

Organization : An optional information meeting is offered the day before at 6:00 PM at the Compagnie des Guides reception desk. This meeting is to meet your group, finalize the last details with your guide, and check your equipment. If you are unable to attend, please let us know. Your guide will contact you by phone after the meeting.

EQUIPMENT

We recommend that you take special care in choosing your equipment because it contributes greatly to the success of your trip. As alpine conditions can be highly variable with sudden changes, it can get very cold in altitude, it is preferable to have numerous layers rather than one thick piece of clothing. It is not uncommon to have snow in the middle of summer, do not skimp on warm clothes even if the weather seems favourable. Contrarily, the sun can be scorching hot. Without weighing too much, you should always have sufficient equipment in your backpack to deal with the capricious and severe weather.

Back-pack
- 20L / 25L backpack (for biking) - Provide enough space for the picnic. A word of advice in case of rain: even if you have an over-backpack, always protect your belongings in a plastic bag inside the backpack.

Clothing
For added comfort regarding underwear, (t-shirts, boxers, socks), avoid cotton which is heavy, cold and dries very slowly. Opt for synthetic technical fabrics or wool, which is making a comeback. They are warmer and dry quickly.

For yourself :
NB : ID card or valid passport + small change for personal expenses.
- 1 travel bag or suitcase for the hotel
- 1 mandatory mountain bike helmet (+ Knee protectors recommended)
- 2 mountain bike drinks bottles or 1 camelbak
- 1 knife + Flashlight or headlamp
- 1 hat/headband + warm gloves
- Cap, sunglasses, sunscreen
- Spare items (T-shirt, underwear, socks), in synthetic fabric/wool
- 1 Long-sleeved technical T-shirt/Cuffs
- 1 fleece
- 1 Gore-Tex jacket
- 1 small down jacket (or 2nd fleece)
- Short and long bib shorts (or leggings)
- Short and long Mountain bike gloves (compulsory)
- Clothes for the hotel
- Sleeping bag liner (the most light and comfortable is the silk bag)
- Toiletries including technical towel
- Personal pharmacy : elastoplast, (stretchable strapping tape), band-aids "second skin" kit, compresses, medicines for common ailments : diarrhea, constipation, sore throat, headaches, pain relief, allergies and any prescribed medication. The mountain leader always carries a first aid kit with them. Remember that packing light is essential.

Mountain Bike equipment

- Electric battery key/battery lock system
- Bike lock
- 2 air chambers
- Patch box + glue
- 1 pump
- Specific tools for your bike (depending on the eMTB brand, sometimes very specific tools)

Recommended :
- Spare brake pads or pads
- Front and rear derailleur cable
- 1 spare derailleur clip (unless your derailleur is attached directly to the frame)

The guide has a first aid pharmacy, an emergency radio, a repair kit, and orientation material. Don't overload yourself!
** Elastoplast, “2nd skin” dressings, compresses, medication for common ailments and your personal treatment!

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price Sport Spirit

74, Millet (excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop
Our Equipment Partners : Millet, Dynastar, Julbo, Grivel & Monnet