



Compagnie des Guides de Chamonix

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RAFTING - CHALLENGING

Duration: 0.5

Difficulty: ▲▲▲▲▲

Price from: 65 €

SPORT RAFTING IN CHAMONIX - AGES 15 AND UP

For thrill-seekers looking for a more challenging white-water experience, this **sport rafting trip** begins on the Arveyron River, the mountain stream that carries the waters of the Mer de Glace glacier before joining the Arve River. Over approximately **1 hour and more than 8 km**, you will navigate sections that are faster, more technical and more demanding than our classic rafting trip.

The rapids of the Arveyron, typical of Alpine mountain rivers, provide an **exciting and dynamic experience** before joining the Arve to continue the adventure all the way to Chamonix. This trip is designed for participants looking for a more intense white-water experience and is particularly suited to those who have already tried rafting or who want to discover a more adventurous descent in the heart of the Mont Blanc region.

A MORE CHALLENGING DESCENT AT THE FOOT OF THE GLACIERS

Located in the centre of Chamonix, our white-water base offers changing rooms and hot showers for your comfort. All technical equipment is provided.

Ages 15 and up

More than 8 km of white-water rafting

Technical rapids and exciting sections on the Arveyron River

Guided by professional rafting instructors

Departure in the heart of Chamonix

GROUP BOOKING

Book your rafting trip on the Arveyron River directly online by selecting your preferred date and departure time in the booking module.

Dates

Check availability in the booking module below

Departure Times

One departure daily in the late morning

Meeting Point

Please arrive 10 minutes before the start of the activity at our white-water base: 393 Promenade du Fori - 74400 Chamonix-Mont-Blanc

Supervision

Each raft accommodates 4 to 7 participants and is guided by a professional instructor.

Guaranteed Departure

Trips are confirmed with a minimum of 4 participants

2026 Rates

Ages 15 and up: €65 per person

Price Includes

- Supervision by a professional rafting guide
- All technical equipment: wetsuit, buoyancy aid, helmet, paddle and raft
- Return transfer to the rafting base
- Access to changing rooms and hot showers

FURTHER INFORMATION

You will find in this section all the information you need to prepare for your rafting trip in Chamonix. If you have any questions, our team is available by phone or email.

White Water Base Location

The Compagnie des Guides rafting base is located at:393 Promenade du Fori - 74400 Chamonix-Mont-Blanc. The base is situated behind the Chamonix swimming pool, close to the tennis courts. A public car park is available approximately 150 metres away on the opposite side of the Arve River, with access via the Promenade des Sonnailles footbridge

Meeting Point

Please arrive at the white water base 10 minutes before the start of the activity

Duration

Approximately 60 minutes on the river. Please allow around 2.5 hours in total for the activity, including equipment fitting, briefing, transport and the descent

Location

The trip takes place on the Arve River, departing directly from our white water base in Chamonix

Requirements

This activity is suitable for beginners. Participation requirements:

- Minimum age: 15 years old
- Maximum weight: 120 kg
- Ability to swim 25 metres
- Ability to float on your back and keep your head above water for 5 seconds
- Ability to go under a floating obstacle and jump into the water

EQUIPMENT

Find in this section all the information about the different equipment that is required.

Equipment

- Swimsuit
- Towel

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price [Millet](#) (excluding crampons, ice axes and helmet), [Sanglard Sports](#), [Ravel & Co](#) & [Concept Pro Shop](#)

Our Equipment Partners : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)