



# Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix – France - Tél : + 33 (0)4 50 53 00 88

[www.chamonix-guides.com](http://www.chamonix-guides.com) - e-mail : [info@chamonix-guides.com](mailto:info@chamonix-guides.com)

## MOUNTAINEERING - AIGUILLES CROCHUES

Duration: 1

Fitness: ▲▲▲▲▲ Technique: ▲▲▲▲▲

Price from: 310 €

The Aiguilles Crochues traverse (2 840m) in the Aiguilles Rouges Massif is a rocky ridge climb perfectly suited for initiation, offering magnificent views over the Mont-Blanc Massif and its glaciers. The traverse begins at the Col des Aiguilles Crochues (2 704m), reached from the Flégère ski lifts. During this itinerary, which takes you across various tiny peaks, you will alternate scrambling across a rocky terrain and short rock climbing sections.

The way back is via the Combe du Belvédère to Lac Blanc and then on a comfortable trail to the ski lifts. The Aiguilles Crochues traverse is for people wishing to discover rock ridge climbing. No previous rock climbing experience needed but a good experience in walking in the mountains is requested.

### GROUP BOOKING

The group formula associates people who do not necessarily know each other. It is ideal for people looking for group friendliness and attractive prices.

**Dates (group session) :** See on-line booking

**Meeting point (group session) :** Your guide will contact you by phone around 6.30pm on the previous day to arrange the meeting point

**Guiding policy (group session) :** Group of 2 people maximum per guide. Children, minimum 15 years old accompanied by a parent

**Departure (group booking) :** The departure is guaranteed with a minimum of 3 registered participants

**Departure (group booking) :** The departure is guaranteed with a minimum of 2 registered participants

**Price 2025 (group session) :** 310€ per person based on a minimum of 2 participants

This price includes :

- mountain guiding services,
- lift tickets

This price does not include :

- technical equipment
- picnic

### PRIVATE BOOKING

A private formula is the historical relationship that binds a mountain leader to their clients. It allows you to be alone or in your own group with your mountain leader who will meet your specific needs. It is undoubtedly the ideal formula to realise your projects because it guarantees you a maximum amount of comfort.

**Dates (private booking) :** See on-line booking

**Meeting point (private booking) :** Your guide will call you the evening before your trip around 6.30pm to organize the meeting time and place

**Guiding policy (private booking) :** Between 1 - 2 people per guide  
Minimum 15 years old

**Price 2025 (private booking) :**

1 person : 430€

2 people : 460€

The price includes :

- mountain guiding services

The price does not include :

- technical equipment

- lift passes

- picnic & snacks

## FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisor.

**Duration :** 5 - 6 hours

**Location :** Starting from the Flegere and then, Index lift

**Ability level :** The Aiguilles Crochues traverse is for people with a good experience in walking in the mountains. **The way back to Lac Blanc is off-trail.** Vertical ascent : 450m

**Formality :** Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

## EQUIPMENT

We recommend that you take special care in choosing your equipment because it contributes greatly to the success of your trip. As alpine conditions can be highly variable with sudden changes, it can get very cold in altitude, it is preferable to have numerous layers rather than one thick piece of clothing.

### Equipment

- Light back pack
- Mountain boots for walking and climbing
- Harness
- Helmet
- Walking poles (optional)

### Clothing

- Classic clothing adapted for hiking
- Windproof jacket
- A sun hat

**Early in the season : crampons and helmet. This gear will be confirmed by your guide**

### Accessories

- Sun glasses
- High protection sun cream
- A water bottle that contains a minimum 1,5 L
- Snacks

**Our Rental Partners :** You can rent your equipment with our rental shops partners and benefit from special price [Millet](#), [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

**Our Equipment Partners :** [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)