

# Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix – France - Tél : + 33 (0)4 50 53 00 88 www.chamonix-guides.com - e-mail : info@chamonix-guides.com

# 1/2 DAY HIKE - MOUNTAIN FLORA

Duration: 0.5 Level: ▲ ▲ ▲ ▲ A Price from: 40 €

In spring, nature awakens and mountain flowers reveal their finest attributes. Their resplendent colors, intoxicating scents, and unique shapes will be deciphered and explained by our mountain guides.

Spring dazzles every visitor with its sounds and colors. Mountain flowers are particularly adapted to the harsh conditions of altitude, and their colors reflect the competition among species to reproduce. Explore this botanical world in valley meadows or at higher altitudes, depending on the season and snow conditions; your guide will find the best route to introduce you to mountain flora.

The Compagnie des Guides de Chamonix offers half-day hikes every Wednesday suitable for the whole family. Discover the local cultural heritage or learn to run in the mountains. Enjoy the unique atmosphere of the Chamonix Valley at the foot of Mont Blanc during a friendly outing with our specialist guides. To soak up even more of the unique atmosphere of the Chamonix Valley, please see our full day hike program.

## **GROUP BOOKING**

The group formula associates people who do not necessarily know each other. It is ideal for people looking for group friendliness and attractive prices.

Dates (group booking): See on-line booking

Meeting point (group booking): At 1.30pm am at the Compagnie des guides in Chamonix

Guiding policy (group booking): Group of 12 people maximum per guide

Price 2024 (group booking): 40€ per person based on a minimum of 4 participants

This price includes:

- mountain leader services
- transportation

This price does not included:

- snack

## **PRIVATE BOOKING**

A private booking is the historical relationship that binds a guide to their clients. It allows you to be alone or in a group of friends where your guide can organise your trip to your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you the maximum of comfort.

Dates (private booking): See on-line booking

**Meeting point (private booking) :** Your guide will call you the evening before your trip around 6.30pm to organize the meeting time and place

Guiding policy (private booking): Between 1 - 12 people per guide

Prices 2024 (private booking) : Group from 1 to 4 people : 140 € Group from 5 to 6 people : 150 € Group from 7 to 8 people : 150 € Group from 9 to 12 people : 160 €

The price includes:

- mountain leader services

The price does not include:

- equipment
- lift passes if needed
- transfer
- picnic & snacks

# **FURTHER INFORMATION**

Find in this section, all the information about this activity. For any further information please contact our advisors (contact details above).

**Duration:** 2 - 3h of hiking (schedules given as an indication)

**Ability level:** The choice of destination adapted to your level is essential for you to fully enjoy your trip. A halfday hike is intended for people who practice regular walking

**Formality :** Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

## **EQUIPMENT**

Find in this section all the information about the different equipment that is required. Since weather conditions can be very variable, it is better to have several thin layers rather than to have one big garment.

## **Equipment for trail running**

- Back pack adapted for running
- Trail running shoes
- Telescopic poles

## Clothing for trail running

- Classic clothing adapted for running
- Windproof jacket
- A hat

# Accessories

- A pair of sun glasses category 4
- High protection sun cream
- A water bottle that contains a minimum 1,5 L
- Pic nic / Snacks

Our Rental Partners: You can rent your equipment with our rental shops partners and benefit from special price Sanglard Sports, Ravanel & Co & Concept Pro Shop

Our Equipment Partners: Millet, Dynastar, Julbo, Grivel & Monnet