Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix – France - Tél : + 33 (0)4 50 53 00 88
www.chamonix-guides.com - e-mail : info@chamonix-guides.com

ELECTRIC MOUNTAIN BIKE - TOUR DU MONT BLANC

Duration: 4 | Difficulty: ▲▲▲▲▲ | Price from: 1 490 €

We offer you an exclusive Electric mountain bike trip of the legendary Tour du Mont Blanc combining beautiful landscapes, small singles, intimate trails and typical accommodation. Benefiting from logistical assistance, this Tour du Mont Blanc is a real summary intended for riders wishing to travel this mythical route of the Northern Alps, focusing on the most beautiful sections.
A unique program with multiple variations. Set off for a great challenge to discover the Pays du Mont Blanc, the Swiss Val Ferret and the Italian Val d'Aosta. 3 countries, 7 alpine valleys, 71 glaciers and 400 summits: a grandiose alpine setting to experience real mountain immersion on a mountain bike.

ITINERARY

Day 1

Chamonix Alt. 3,395ft - Col de Balme Alt. 7,188ft - Martigny Alt. 1,545ft - Champex Alt. 4,809ft
Meet your guide at 9am in Chamonix. This first day gives us the chance to make the most of the Chamonix valley seen from above, with its legendary glaciers and peaks as a backdrop. Having arrived at the Col de Balme we drop into the Swiss side of the pass for an attractive, fast and winding descent that leads us to Martigny. A cycle up to Champex, through pretty, typical Swiss chalets, awaits us in the afternoon. Night's half-board in hotel in the village of Champex. Private transfer by minibus from Vernayas to Gorges de Durnant (or higher depending on the group).
Elevation gain : 8,500 feet / Elevation loss 9,800 feet (depending on itineraries) - Distance : from 20 to 28 miles

Day 2

Champex Alt. 4,809ft - Issert Alt. 3,608ft - Col Ferret Alt. 8,323ft - Courmayeur 4,074ft
We leave the village of Champex via the 'sentier des Champignons' ('mushroom path') to reach Issert. The day's challenge will be the ascent of the Grand Col Ferret, which, at an altitude of 8,323ft, is the highest point on the famous Tour of Mont Blanc. The alpine pass allows us to cross, through a high-altitude environment, from the Swiss Val Ferret to the Italian Val Ferret. As a reward for our efforts, there is a long descent beneath the watchful gaze of the Grandes Jorasses and the south face of Mont Blanc, along what are sometimes quite technical singletrack sections. Ariving in Courmayeur, we will take advantage of the late afternoon to visit the Aosta Valley village. Overnight stay in a hotel and dinner at a restaurant.

Elevation gain : 6,500 feet / Elevation loss : 7,500 feet (depending on itineraries) - Distance : from 28 to 35 miles

Day 3

Courmayeur Alt. 4,074ft- Col de la Seigne Alt. 8,254ft - Plan Mya Alt. 6,102ft
We return to France via the famous Col de la Seigne (8,254ft). Total immersion in a mineral landscape and grandiose panorama are guaranteed! A day devoted to one of the best singletracks in the area, all the way to the Mottets hut… Explore the Vallée des Glaciers, the Beaufortain trails as well as the area around the Lac de Roseland, along a choice of varied technical and non-technical routes. We spend the night in an authentic mountain pasture hut, complete with local traditions and local products, for simplicity and a return to basics… Night's half-board in mountain hut. Private transfer by minibus from Courmayeur to Visaille
Elevation gain : 4,900 feet / Elevation loss : 4,200 feet (depending on itineraries) - Distance : +/- 28 miles

Day 4

Plan Mya Alt. 6,102ft - Col de Gittaz Alt. 7,798ft - Contamines Alt. 3,818ft - Col de Voza Alt. 5,436ft - Back in Chamonix

Plan Mya Alt. 8,162ft - Col de Glittaz Alt. 7,795ft - Contamines Alt. 5,015ft - Col de Voza Alt. 5,430ft - Back in Chamonix 3,395ft.
The final stage takes us back to Chamonix, through the Beaufortain and the Val Montjoie, via a surprising area known as the 'Grande Pierriere'. A day devoted to high-mountain pastures, technical singletracks and fast trails, as well as the traverse of mountain passes with uninterrupted views across the Aravis range and Mont Blanc chain… A great and intense day, with, it has to be said, quite a bit of distance to cover and a not insignificant positive height gain to honour! Return to Chamonix late afternoon and end of trip. Private transfer by minibus from Contamines to Champel.
Elevation gain : 9,200 feet / Elevation loss : 11,482 feet (depending on itineraries) - Distance : +/- 31 miles

GROUP BOOKING

Group session associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates : See below for the group booking module

The departure will be confirmed once the minimum number of participants (4 people) has been reached by the trip confirmation date.

Price 2027 : 1490 € per person

The price includes :
- supervision by a state-certified mountain bike instructor
- private Minivan assistance throughout the trip
- 3 nights in half-board accommodation including diner & breakfast (2 nights in hotel (based on 2 people per room*) + 1 night in mountain hut (dormitory)
For people signing up alone, we cannot guarantee that you will share your room with a person of the same gender.
- picnic lunches
- lift passes

Not included in the price :
- FULL SUSPENSION (recommended) mountain Ebike rental & helmet
- drinks in refuge & hotel and all personal expenditure (make sure you have Euros & Swiss Francs)
- personal mountain bike protection (highly recommended)
- your trip to Chamonix
- repatriation insurance (mandatory) & cancellation insurance

PRIVATE BOOKING

Want to ride bike with family or friends? Want the freedom to choose your departure dates*, enjoy a tailor-made itinerary adapted to your desires, and benefit from guidance specifically suited to your level? Choose the private package!
This is the traditional relationship between a guide and their clients. It allows you to be alone or in a group with your guide, who will respond to your specific needs. The ideal package for realizing your plans, as it guarantees maximum comfort.

Discounted rates based on the number of participants.
*Subject to availability of accommodation.
Contact us for a quote.

FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisor (contact details above).

Meeting point : meet at 9.00 am at the Compagnie des Guides office, 190 Place de l'Eglise, 74400 Chamonix

Level : This tour is designed for participants with good levels of fitness who regularly go mountain biking (using standard and/or ebikes) with good riding skills on narrow, singletrack-style trails, able to be autonomous on technical sections

Guiding policy : group of 4 to 8 people
Registration possible from 16 years of age. Registration is not permitted to anyone under the age of 18 without a legal guardian.

Accommodation :
- During the trip : Half-board in hotel on Day 1 and Day 2 (double room*) and mountain huts on Day 3 (dormitory)
For people signing up alone, we cannot guarantee that you will share your room with a person of the same gender.
- Before & after the trip : benefit from preferential prices from our partner hotels in Chamonix.

Minibus assistance : In order to offer a high quality service and to avoid the uninteresting sections of the tour (in particular the sections with roads), a minibus assistance is integrated all along the trip, allowing more flexibility and adaptation according to the profile and motivation of the group

Documentation :
- Participants must have sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance offering both of these types of cover when you sign up.
- Participants must also take valid ID with them.

Organization : An optional information meeting is offered the day before at 6:00 PM at the Compagnie des Guides reception desk. This meeting is to meet your group, finalize the last details with your guide, and check your equipment. If you are unable to attend, please let us know. Your guide will contact you by phone after the meeting.

EQUIPMENT

We recommend that you take special care in choosing your equipment because it contributes greatly to the success of your trip. As alpine conditions can be highly variable with sudden changes, it can get very cold in altitude, it is preferable to have numerous layers rather than one thick piece of clothing. It is not uncommon to have snow in the middle of summer, do not skimp on warm clothes even if the weather seems favourable. Contrarily, the sun can be scorching hot. Without weighing too much, you should always have sufficient equipment in your backpack to deal with the capricious and severe weather.

Back-pack
- 20L / 25L backpack (for biking) - Provide enough space for the picnic. A word of advice in case of rain: even if you have an over-backpack, always protect your belongings in a plastic bag inside the backpack.

Clothing
For added comfort regarding underwear, (t-shirts, boxers, socks), avoid cotton which is heavy, cold and dries very slowly. Opt for synthetic technical fabrics or wool, which is making a comeback. They are warmer and dry quickly.

For yourself :
NB : ID card or valid passport + small change for personal expenses.
- 1 travel bag or suitcase for the hotel
- 1 mandatory mountain bike helmet (+ Knee protectors recommended)
- 2 mountain bike drinks bottles or 1 camelbak
- 1 knife + Flashlight or headlamp
- 1 hat/headband + warm gloves
- Cap, sunglasses, sunscreen
- Spare items (T-shirt, underwear, socks), in synthetic fabric/wool
- 1 Long-sleeved technical T-shirt/Cuffs
- 1 fleece
- 1 Gore-Tex jacket
- 1 small down jacket (or 2nd fleece)
- Short and long bib shorts (or leggings)
- Short and long Mountain bike gloves (compulsory)
- Clothes for the hotel
- Sleeping bag liner (the most light and comfortable is the silk bag)
- Toiletries including technical towel
- Personal pharmacy : elastoplast, (stretchable strapping tape), band-aids "second skin" kit, compresses, medicines for common ailments : diarrhea, constipation, sore throat, headaches, pain relief, allergies and any prescribed medication. The mountain leader always carries a first aid kit with them. Remember that packing light is essential.

Mountain Bike equipment
- Electric battery key/battery lock system
- Bike lock
- 2 air chambers
- Patch box + glue
- 1 pump
- Specific tools for your bike (depending on the eMTB brand, sometimes very specific tools)

Recommended :
- Spare brake pads or pads
- Front and rear derailleur cable
- 1 spare derailleur clip (unless your derailleur is attached directly to the frame)

The guide has a first aid pharmacy, an emergency radio, a repair kit, and orientation material. Don't overload yourself!
** Elastoplast, “2nd skin” dressings, compresses, medication for common ailments and your personal treatment!

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price Sport Spirit 74, Millet (excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop
Our Equipment Partners : Millet, Dynastar, Julbo, Grivel & Monnet