



Compagnie des Guides de Chamonix

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RAFTING - FAMILY SESSION

Duration: 0.5

Difficulty: ▲▲▲▲▲

Price from: 55 €

FAMILY RAFTING IN CHAMONIX - AGES 10 AND UP

When the water level of the Arve River is lower, we offer a family-friendly version of our [classic rafting trip](#), **suitable for children aged 10 and above**. This adventure is the perfect introduction to **white-water rafting** and a great way to enjoy a fun outdoor activity with the whole family in the heart of the Chamonix Valley.

Over approximately 45 minutes and more than 6 km, you will travel down the Arve River aboard a raft accompanied by a professional guide. Along the way, enjoy rapids, **waves and plenty of splashes** while taking in exceptional views of the Mont Blanc massif. This trip allows younger participants to experience the excitement of river rafting in a safe and enjoyable environment.

THE PERFECT FAMILY ADVENTURE

Located in the centre of Chamonix, our rafting base offers changing rooms and hot showers for your comfort. All technical equipment is provided.

Ages 10 and up

Ideal for families and children

A perfect first white-water experience

Guided by professional rafting instructors

Departure in the heart of Chamonix

GROUP BOOKING

Dates

Check availability in the booking module below

Departure Times

Departures throughout the morning from 9:00 am

Meeting Point

Please arrive 10 minutes before the start of the activity at our white-water base: 393 Promenade du Fori - 74400 Chamonix-Mont-Blanc

Supervision

Each raft accommodates 4 to 7 participants and is guided by a professional instructor. Children must be accompanied by a parent or legal guardian

Guaranteed Departure

Trips are confirmed with a minimum of 4 participants

2026 Rates

Children under 13: €45 per person

Ages 13 and up: €55 per person

Price Includes

- Supervision by a professional rafting guide
- All technical equipment: wetsuit, buoyancy aid, helmet, paddle and raft

- Return transfer to the rafting base
- Access to changing rooms and hot showers

FURTHER INFORMATION

You will find in this section all the information you need to prepare for your rafting trip in Chamonix. If you have any questions, our team is available by phone or email.

White Water Base Location

The Compagnie des Guides rafting base is located at:393 Promenade du Fori - 74400 Chamonix-Mont-Blanc. The base is situated behind the Chamonix swimming pool, close to the tennis courts. A public car park is available approximately 150 metres away on the opposite side of the Arve River, with access via the Promenade des Sonnailles footbridge

Meeting Point

Please arrive at the white water base 10 minutes before the start of the activity

Duration

Approximately 45 minutes on the river. Please allow around 2 hours in total for the activity, including equipment fitting, briefing, transport and the descent

Location

The trip takes place on the Arve River, departing directly from our white water base in Chamonix

Requirements

This activity is suitable for beginners. Participation requirements:

Minimum age: 10 years old

Children must be accompanied by a parent or legal guardian

Maximum weight: 120 kg

Ability to swim 25 metres

Ability to float on your back and keep your head above water for 5 seconds

Ability to go under a floating obstacle and jump into the water

EQUIPMENT

Find in this section all the information about the different equipment that is required.

Equipment

- Swimsuit

- Towel

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price [Millet](#) (excluding crampons, ice axes and helmet), [Sanglard Sports](#), [Ravel & Co](#) & [Concept Pro Shop](#)

Our Equipment Partners : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)