



# Compagnie des Guides de Chamonix

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## ROCK CLIMBING - ROCK CLIMBING COURSE AGES 6-8

Duration: 4

Difficulty: ▲▲▲▲▲

Price from: 310 €

**This climbing course, designed for children aged 6 to 8**, will help them gradually develop their technical skills while gaining independence and confidence. They will learn to equip themselves independently and properly tie into their harness, discover belaying techniques, and perfect their counter-belaying skills, which are essential for being a reliable partner. As they climb higher, they will learn to use their feet and hands effectively. This course will also give them the opportunity to develop their communication skills, using the appropriate vocabulary to interact with their partners, while exploring the concept of roped climbing and the responsibilities that come with it within the team.

**The course is led by a state-certified climbing instructor**, specialized in working with young children, ensuring a safe and enriching experience with an adapted teaching approach. To ensure optimal progression towards autonomy, registration is only available for the 4 days. For children aged 9 and above, please refer to our course for 9-12 year olds.

### Teaching approaches implemented

- Various sectors to discover different types of rock and difficulty levels
- Games, zip lines, timers, rappels, and swings

## GROUP BOOKING

Group booking associates children who do not necessarily know each other. It is ideal for enjoying the dynamics of the group

**Dates (group booking)** : See online booking. The mentioned day corresponds to the first day of the course

**Supervision (group booking)** : Group from 4 to 8 children per state-certified instructor

**Departure (group booking)** : The course is guaranteed with a minimum of 4 children enrolled

**Prices 2025 (group booking)** : 310€

This price includes :

- State-certified instructor services
- technical gear : harness, helmet, carabineer, belay device, rope

This price does not include :

- rock climbing shoes
- Picnic
- snack and water

## FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisor.

Schedules : 9am - 4pm, Monday to Thursday

**Meeting time and place** : Every day at the climbing crag

Monday : Les Chavants - Les Houches

Tuesday : Servoz - Plaine St jean

Wednesday : Les Gaillands - Chalet accueil

Thursday : Compagnie des Guides office in Chamonix - Train to Vallorcine

**Level :** This climbing course is intended for children aged 6 to 8, regardless of their skill level

**Formality :** Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

## EQUIPMENT

Find in this section all the information about the different equipment that is required

### Equipement

- Back pack to store the clothes
- Rock climbing shoes recommended

### Clothing

- Classic clothings adapted for sport

### Accessories

- A pair of sun glasses
- High protection sun cream
- A hat
- A water bottle that contains a minimum 1,5 L
- Picnic
- Snacks

**Our Rental Partners :** You can rent your equipment with our rental shops partners and benefit from special price [Millet](#), [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

**Our Equipment Partners :** [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)