Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix – France - Tél : + 33 (0)4 50 53 00 88
www.chamonix-guides.com - e-mail : info@chamonix-guides.com

ROCK CLIMBING - SUMMER ROCK CLIMBING COURSE AGES 9-12

Duration: 4 | Difficulty: | Price from: 330 €

ROCK CLIMBING COURSE IN CHAMONIX FOR AGES 9-12

Designed for children aged 9 to 12, this rock climbing course combines **adventure, safety and the development of technical skills to progress from top-rope climbing to lead climbing**. Children learn belaying techniques, essential knots and lead climbing while developing their coordination, managing effort, route reading and anticipation skills. They also learn to manage their emotions, overcome apprehension and trust their climbing partners. Learning is progressive and fun, with routes offering a variety of profiles and levels of difficulty: slabs, dihedrals, ridges and small overhangs. Technical challenges, timed exercises and rappels complement the climbing sessions.

The course organisation and teaching approach are adapted to each child's level to encourage progression, social interaction and team spirit. Sessions take place at natural climbing sites throughout the Chamonix Valley. To allow children to make real progress from one session to the next, registration is for all 4 days, from 9:00 am to 4:00 pm. For a more flexible option, discover our rock climbing lessons in Chamonix or Argentière.

The objectives of this rock climbing course
- Learn belaying techniques and the essential knots used in rock climbing.
- Progress from top-rope climbing to lead climbing.
- Develop coordination, effort management, route reading and anticipation skills.
- Learn how to clip quickdraws and discover basic techniques at the belay station.
- Build confidence and learn to manage emotions.

GROUP BOOKING

Group booking brings children together in a small group, creating a fun and motivating atmosphere throughout the course.

Dates for Group Booking
Check the available dates in the group booking module. The date shown corresponds to the first day of the course

Supervision for Group Booking
Groups of 4 to 8 children per state-certified professional

Departure for Group Booking
The course is guaranteed with a minimum of 4 children enrolled

2027 Price for Group Booking
330€

The price includes
- Supervision by a state-certified professional
- Technical equipment: harness, helmet, carabiners, belay device and rope

The price does not include
- Rock climbing shoes
- Picnic lunch
- Snacks

FURTHER INFORMATION

Find all the practical information about this course here. For any further information, please contact our advisors using the contact details above.

Schedule
From 9:00 am to 4:00 pm, Monday to Thursday

Meeting point
Meet at 9:00 am each day directly at the climbing site. The site is selected according to weather conditions and communicated the day before from 6:00 pm on the **Daily Program**

Level
This course is designed for children aged 9 to 12, whatever their level. No previous rock climbing experience is required

Insurance
Make sure you have valid individual liability insurance covering this activity without geographical restrictions, including assistance, search and rescue, and repatriation

EQUIPMENT

Find all the information about the equipment required for this course in this section.

Equipment
- Backpack to store belongings at the climbing site
- Rock climbing shoes

Clothing
- Comfortable clothing suitable for outdoor sports

Accessories
- Sunglasses
- Cap
- Sunscreen
- Water bottle of at least 1 L
- Picnic lunch
- Snacks

Our Rental Partners
You can rent your equipment at preferential rates from our partner shops: Millet (excluding crampons, ice axes and helmets), Ravanel & Co, Sanglard Sports & Concept Pro Shop

Our Equipment Partners
Millet, Dynastar, Julbo, Grivel & Monnet