



Compagnie des Guides de Chamonix

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ROCK CLIMBING - SPRING / AUTOMN HOLIDAYS PROGRESSION COURSE FOR AGES 10-16

Duration: 4

Difficulty: ▲ ▲ ▲ ▲ ▲

Price from: 275 €

This climbing course is designed for children aged 10 to 16 who already have some climbing experience and would like to improve their skills. The program includes outings on cliffs and natural boulders.

The course is led by a state-qualified professional specializing in guiding young children, guaranteeing a safe activity with an adapted and enriching pedagogy. To guarantee optimum progress towards autonomy, registration is only possible for the 5 days.

Pedagogical approaches

- Various sectors to discover different types of rock and difficulty

GROUP BOOKING

Group booking associates children who do not necessarily know each other. It is ideal for enjoying the dynamics of the group

Dates (group booking) : See online booking. The mentioned day corresponds to the first day of the course

Supervision (group booking) : Group from 4 to 8 children per state-certified instructor

Departure (group booking) : The course is guaranteed with a minimum of 4 children enrolled

Prices 2025 (group booking) : 275€

This price includes :

- State-certified instructor services
- technical gear : harness, helmet, carabineer, belay device, rope

This price does not include :

- rock climbing shoes
- Picnic
- snack and water

FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisor.

Schedules : 10am - 2pm, Monday to Thursday

Meeting time and place : Every day at the climbing crag

The program will be drawn up by the professional according to current conditions.

Level : This climbing course is intended for children aged 10 to 16.

Formality : Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

EQUIPMENT

Find in this section all the information about the different equipment that is required

Equipement

- Back pack to store the clothes
- Rock climbing shoes recommended

Clothing

- Classic clothings adapted for sport

Accessories

- A pair of sun glasses
- High protection sun cream
- A hat
- A water bottle that contains a minimum 1,5 L
- Picnic
- Snacks

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price [Millet](#) (excluding crampons, ice axes and helmet), [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

Our Equipment Partners : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)