

# Compagnie des Guides de Chamonix

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## ROCK CLIMBING - EASTER AND OCTOBER HALF-TERM COURSE AGES 10-16

Duration: 4 Difficulty: ▲ ▲ ▲ ▲ A Price from: 275 €

This climbing course takes place during the Easter and October half-term holidays. It is designed for children aged 10 to 16 who already have some climbing experience and want to progress. Each day, the program explores new sites, offering a varied and stimulating experience that allows young climbers to push their limits and create lasting memories. The course includes outings on crags and natural boulders, with the option of indoor sessions in case of bad weather.

The course is led by a state-qualified professional specializing in guiding teenagers, ensuring a safe activity with an adapted and enriching pedagogy. To guarantee optimal progress towards autonomy, registration is only possible for the full 5-day course.

### **Pedagogical Approaches**

- Exploration of varied sectors to discover different types of rock and levels of difficulty

#### **GROUP BOOKING**

Group booking associates children who do not necessarily know each other. It is ideal for enjoying the dynamics of the group

Dates (group booking): See online booking. The mentioned day corresponds to the first day of the course

Supervision (group booking): Group from 4 to 8 children per state-certified instructor

Departure (group booking): The course is guaranteed with a minimum of 4 children enrolled

Prices 2025 (group booking): 275€

This price includes:

- State-certified instructor services
- technical gear : harness, helmet, carabineer, belay device, rope

This price does not include:

- rock climbing shoes
- Picinic
- snack and water

# **FURTHER INFORMATION**

In this section, find all the information about this activity. For further information, please contact our advisor.

Schedules: 10am - 2pm, Monday to Thursday

Meeting time and place: Every day at the climbing crag

The program will be drawn up by the professional according to current conditions.

Level: This climbing course is designed for children aged 10 to 16 with prior rock climbing experience

**Formality :** Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

## **EQUIPMENT**

Find in this section all the information about the different equipment that is required

#### Equipement

- Back pack to store the clothes
- Rock climbing shoes recommended

#### Clothing

- Classic clothings adapted for sport

#### **Accessories**

- A pair of sun glasses
- High protection sun cream
- A hat
- A water bottle that contains a minimum 1,5 L
- Picnic
- Snacks

Our Rental Partners: You can rent your equipment with our rental shops partners and benefit from special price Millet (excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop

Our Equipment Partners: Millet, Dynastar, Julbo, Grivel & Monnet