



# Compagnie des Guides de Chamonix

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## SKIING - AVALANCHE SAFETY TRAINING

Duration: 1

Difficulty: ▲▲▲▲▲

Price from: 165 €

Our Avalanche Rescue Training Day is designed for all off-piste and ski touring enthusiasts who want to learn how to respond in the event of an avalanche accident. The course focuses on building essential skills through practical exercises led by a certified mountain guide. It takes place near the ski area. For unaccompanied minors, please refer to our [Cham Teen Winter program](#), which includes a mountain safety module every Tuesday.

### Goal: Learn how to rescue avalanche victims

#### ► Course content

- Learn how to use an avalanche beacon (DVA), shovel, and probe
- Hands-on avalanche victim search exercises
- Introduction to organizing a rescue: alerting help, extrication, first aid basics
- Discussion on best practices to prevent accidents: group dynamics, decision-making, and risk awareness

## GROUP BOOKING

The group formula associates people who do not necessarily know each other. It is ideal for people looking for group friendliness and attractive prices.

**Dates (group booking) :** See online booking

**Guiding policy (group booking) :** Group from 3 to 6 people maximum per guide. Children, minimum 15 years old accompanied by a parent.

**Meeting point (group booking) :** 9:00am at the Flégère ticket office in les Praz de Chamonix

**Departure (group booking) :** The departure is guaranteed with a minimum of 3 registered participants

**Price 2026 (group booking) :** 165€ per person

#### **This price includes :**

- Guiding by a certified mountain guide

#### **This price does not include:**

- Picnic lunch
- Lift pass fees
- Technical equipment, including avalanche safety gear
- Transportation to the meeting point

## PRIVATE BOOKING

A private booking is the historical relationship that binds a guide to their clients. It allows you to be either alone or in a group of friends with your guide. Your guide can organize your trip to meet your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you a maximum of comfort. You can book a private guide online for a day of ski touring. The half-day can also be booked online on the [dedicated page](#).

**Dates (private booking) :** Depending on availability

**Guiding policy (private booking) :** Group of 1 - 6 people per guide. Children, minimum 12 years old accompanied by a parent

**Meeting Point (private booking) :** Your guide will call you the evening before your trip around 6.30pm to organize the meeting time and place

**Prices 2026 (private booking) :**

Group from 1 to 2 people : 450€

Group from 3 to 4 people : 490€

Group from 5 to 6 people : 530€

This price includes

- Guiding by a certified mountain guide

This price does not include

- Lunch

- Lift pass fees

- Technical equipment, including avalanche safety gear

- Transportation to the meeting point

## FURTHER INFORMATION

Find in this section, all the information about this activity. For any further information please contact our advisors (contact details above).

**Duration :** 9:00am - 3:30pm

**Area of activity :** Chamonix Valley

**Ability level :** For skiers / snowboarders who regularly ski off-piste, mastery of skiing in all types of snow.

**Formality :** Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

## EQUIPMENT

We recommend that you take special care in choosing your equipment because it contributes greatly to the success of your trip. Weight is decisive; you must always evaluate the weight / comfort ratio in order to find a good compromise. In general, it is better to stack thin layers rather than having one big garment and it is essential to stay dry in all circumstances.

### Equipment

- Alpine skis / Touring skis / Snowboard

- A safety pack: functioning transceiver, shovel, and probe

### Clothing

- Ski clothes

- Warm clothing for outdoor exercises

### Accessories

- 1 pair of good quality UV protection sunglasses (level 4) or google

- Water bottle (at least 1 liters)

- Sunscreen protection

- Snacks

**Our Rental Partners :** You can rent your equipment with our rental shops partners and benefit from special price [Millet](#), [Sanglard Sports](#), [Ravel & Co](#) & [Concept Pro Shop](#)

**Our Equipment Partners :** [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)