Compagnie des Guides de Chamonix

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HIKING - MY FRIST NIGHT IN A MOUNTAIN HUT WITH THE FAMILY

Duration: 2 Fitness: Technique:

Discover the magic of a night spent in the mountains with your family. Embark on a worry-free two-day family adventure. We take care of the logistics, so all you have to do is enjoy the moment.

ITINERARY

Day 1

Ascent to the mountain hut

From the Guides Company office, we'll head to the train station to catch the train to the village of Vallorcine - the Valley of the Bears - at the very end of the Chamonix Valley. During the ascent to the refuge, your guide will share all the little secrets of the mountain flora and fauna. Upon arrival at the refuge, those who are tired from the climb can enjoy the view from the terrace. Others can explore the mountain environment with the "Little Naturalists" workshops (observing flora, discovering high-altitude ponds… the theme will be adapted to the current conditions). After a convivial meal in the common room, it will be time to head to the dormitory to recharge for the next day.

Distance : approximately 2.8 miles / Elevation gain : approximately 2624ft

Day 2

Return to the valley

Discover the magic of waking up in the mountains. We rise with the first rays of sunlight to admire the chamois (mountain goat) grazing on the surrounding slopes before enjoying breakfast. It's time to gather our belongings and say goodbye to the mountain hut staff before heading towards the Tête de la Chevrette. If we're lucky, we might spot ibex and marmots. We then begin the descent towards Fontaine Froide before reaching the impressive Berard waterfall and its refreshment bar for a well-deserved snack. We'll finish our hike at Le Buet train station where we'll catch the train back to Chamonix.

Distance : approximately 4.7 miles / Elevation gain : approximately 196ft / Elevation loss : approximately 2460ft

PRIVATE BOOKING

Want to go hiking with family or friends? Want the freedom to choose your departure dates*, enjoy a tailor-made itinerary adapted to your desires, and benefit from guidance specifically suited to your level? Choose the private package!
This is the traditional relationship between a guide and their clients. It allows you to be alone or in a group with your guide, who will respond to your specific needs. The ideal package for realizing your plans, as it guarantees maximum comfort.

Discounted rates based on the number of participants.
*Subject to availability of accommodation.
Contact us for a quote.

FURTHER INFORMATION

In this section, find all the information about this activity. To prepare your trip effectively, refer to the guides' tips. They share their expertise and recommendations, ensuring you have a great experience

Meeting point: 9:00 AM at the Compagnie des Guides office, 190 Place de l'Eglise, 74400 Chamonix.

Level: 2/5 - For hikers who regularly practice hiking, with an elevation gain of up to 500m or a distance of up to 10km. For

occasional hikers capable of navigating slightly rugged mountain trails. This hike is an introductory hike accessible from age 6 when accompanied by an adult. The child must be able to walk for 3 hours on a well-marked mountain trail.

Supervision: The group consists of a maximum of 5 to 10 people per state-certified guide, ensuring better communication and a truly friendly atmosphere. The supervision standards are specific to the Chamonix Guides Company and are among the strictest on the market. All minors must be accompanied by a legal guardian.

Accommodation:
- During the trip: 1 night in a mountain refuge dormitory.
- Before and after: benefit from preferential rates with our hotel partners in Chamonix.

Luggage: You will carry your belongings for the two days of hiking. With the guides' advice, learn how to optimize the weight of your pack by packing carefully.

Formalities:
- Travel assistance and repatriation insurance is mandatory. Cancellation insurance is strongly recommended. You can purchase both insurances when you register.
- Valid ID is required.

Organization: An information meeting with your guide is offered the day before departure at 6:00 PM at our Company's reception. We strongly recommend that you attend, as this meeting provides an opportunity to finalize your preparation.

Itinerary: This itinerary is provided as a guide and may be modified depending on accommodation availability, the participants' skill level, and mountain conditions. Distances and elevation gains may differ from those indicated depending on the route taken. If one of the planned accommodations is unavailable, we reserve the right to choose alternative accommodation of equivalent comfort in the same geographical area.

EQUIPMENT

Pay close attention to your equipment choices, as they greatly contribute to the success of your trip. The recommended weight for your backpack is approximately 10% of your body weight. Equipment should be adapted for children. Consider sharing as many items as possible: soap, toilet paper, sunscreen, first-aid kit, etc. Pack only the bare essentials, but be sure to bring warm and waterproof clothing for children. Temperatures can drop significantly at altitude in the evenings.

During the briefing the day before departure, your guide will provide you with final instructions on essential equipment based on the forecasted weather.

Your equipment

- A 40L backpack
- A pair of hiking boots
- A pair of trekking poles
- A hat or cap
- A beanie
- Category 3 sunglasses
- Breathable long- and short-sleeved T-shirts
- A lightweight fleece jacket
- A warm down jacket
- A waterproof jacket (Gore-Tex type)
- A rain poncho
- Hiking pants
- Waterproof pants (Gore-Tex type)
- Shorts
- A pair of gloves
- Hiking socks
- A 2L water bottle (minimum)
- A pocket knife and a spork
- A flashlight or headlamp
- Sunscreen and lip balm
- A sleeping bag liner
- A toiletry kit, towel, earplugs, and toilet paper
- A small personal first-aid kit: Compeed-type blister plasters, medication for common ailments: diarrhea, constipation, sore throat, headache, pain, allergies
- ID, cash for personal expenses

- A pair of flip-flops or sandals Mountain huts
- Change of clothes as you wish

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price Millet (excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop
Our Equipment Partners : Millet, Dynastar, Julbo, Grivel & Monnet