Compagnie des Guides de Chamonix

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MOUNTAINEERING - FRÊTES DES CHARMOZ

Duration: 1 | Fitness: ▲▲△△△ | Technique: ▲▲▲△△ | Price from: 350 €

In the foothills of the Aiguille de l'M, between the Mer de Glace and Plan de l'Aiguille, Frêtes des Charmoz is a fun rock ridge climb. It boasts a breath-taking view on the mythic peaks of the Mont Blanc massif: Drus, Aiguille Verte and Aiguilles de Chamonix. The route starts at Montenvers (1 913m), that you will reach by a rack railway. The itinerary goes across Signal Forbes and then alternates walking and short rock climbing sections up to Col Blanc (2630m), at the foot of Aiguille de l'M. Get ready for thrills when crossing the "râteau de chèvre", a particularly aerian and sharp section.

Way back to Montenvers through the Combe de l'M and the Grand Balcon Nord trail. Frêtes de Charmoz is for people wishing to experience the typical atmosphere of climbing a rock ridge. In order to make the most of it, previous rock climbing experience is necessary.

GROUP BOOKING

The group formula associates people who do not necessarily know each other. It is ideal for people looking for group friendliness and attractive prices.

Dates (group booking) : See on-line booking

Meeting point (group booking) : 8.15am at the Montenvers train station ticket desks

Guiding policy (group booking) : Group of 2 people maximum per guide. Children, minimum 15 years old accompanied by a parent

Departure (group booking) : The departure is guaranteed with a minimum of 2 registered participants

Price 2027 (group booking) : 350€ per person based on a minimum of 2 participants

This price includes :
- mountain guiding services
- lift tickets

This price does not included :
- technical equipment : harness and helmet
- snacks & lunch

PRIVATE BOOKING

A private booking is the historical relationship that binds a mountain guide to their clients. It allows you to be alone or in your own group with your mountain guide who will meet your specific needs. It is undoubtedly the ideal formula realise your projects because it guarentees you a maximum amount of comfort.

Dates (private booking) : See on-line booking

Meeting point (private booking) : Your guide will call you the evening before your trip around 6.30pm to organize the meeting time and place

Guiding policy (private booking) : Between 1 - 2 people per guide. Minimum 15 years old

Price 2027 :
1 person : 455€
2 people : 495€

The price includes :
- mountain guiding services

The price does not include :
- technical equipment
- lift passes
- transfer
- lunch & snack

FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisor.

Duration : 6 - 7 hours

Location : Frêtes des Charmoz in the foothills of the Aiguille de l'M

Ability level : Frêtes de Charmoz is for people wishing to experience the typical atmosphere of climbing a rock ridge. In order to make the most of it, previous rock climbing experience is necessary. Approach: 1h00

Formality : Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

EQUIPMENT

We recommend that you take special care in choosing your equipment because it contributes greatly to the success of your trip. As alpine conditions can be highly variable with sudden changes, it can get very cold in altitude, it is preferable to have numerous layers rather than one thick piece of clothing.

Equipment
- Back pack 25/30 liters
- Mountaineering boots for walking & climbing
- Harness
- Helmet
- Walking poles (optional)

Clothing
- Suitable clothing adapted to hiking
- Windproof jacket
- Sun hat

Accessories
- Sunglasses
- Suncream
- Bottle of water at least 1.5L
- Lunch, snacks

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price Millet, Sanglard Sports, Ravanel & Co & Concept Pro Shop
Our Equipment Partners : Millet, Dynastar, Julbo, Grivel & Monnet