



Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix – France - Tél : + 33 (0)4 50 53 00 88

www.chamonix-guides.com - e-mail : info@chamonix-guides.com

MIXED - COSMIQUES ARETE

Duration: 1

Fitness: ▲▲▲▲▲ Technique: ▲▲▲▲▲

Price from: 360 €

The Cosmiques arete is without a doubt the most famous ridge route of the Mont Blanc Massif! Quickly accessible by the Aiguille du Midi cable car, it offers a fun and varied ascent in a majestic setting. The view of the surrounding peaks including the Mont Blanc and the Mont Blanc du Tacul is breathtaking. After a quick glacier hike along the Aiguille du Midi ridge, our route starts next to the Cosmiques hut (3613m). This route is a combination of rocky terrain, abseils and short climbing sections including the famous 5 meters crack on a smooth wall.

This route is the not-to-miss climb for anyone looking for a mountaineering adventure in the Mont Blanc Massif. Depending on the snow conditions, crampons may be required. The celebrated Cosmiques ridge arrives, after an unusual passage at the end, on the southern terrace of the Aiguille du Midi. The Cosmiques arete is aimed at people wanting to discover a mixed ridge route and requires previous experience with crampons. **Current conditions require climbers to have experience climbing at French grade 4c.**

GROUP BOOKING

The group formula associates people who do not necessarily know each other. It is ideal for people looking for group friendliness and attractive prices.

Dates (group booking) : See on-line booking

Meeting point (group booking) : Your guide will call you the evening before your trip around 6.30pm to organise the meeting time and place

Guiding policy (group booking) : Minimum / maximum 2 people per guide. From 15 years accompanied by a parent

Departure (group booking) : The departure is guaranteed with a minimum of 2 registered participants

Price 2026 : 360€ per person based on a minimum of 2 participants

This price includes :

- mountain guiding services
- lift tickets

This price does not include :

- transfer
- technical equipment
- picnic

PRIVATE BOOKING

A private formula is the historical relationship that binds a mountain leader to their clients. It allows you to be alone or in your own group with your mountain leader who will meet your specific needs. It is undoubtedly the ideal formula to realise your projects because it guarantees you a maximum amount of comfort.

Dates (private booking) : See on-line booking

Meeting point (private booking) : Your guide will call you the evening before your trip around 6.30pm to organise the meeting time and place

Guiding policy (private booking) : Between 1 - 2 people per guide
From 15 years accompanied by a parent

Price 2026 (private booking) :

1 person : 420€

2 people : 460€

The price includes :

- mountain guiding services

The price does not include :

- technical equipment
- lift passes
- transfer
- picnic & snacks

FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisor.

Duration : 3 to 4h

Location : Starting point from the top of the Aiguille du Midi gondola.

Ability level : The Cosmiques arete is aimed at people wanting to discover a mixed ridge route and requires previous experience with crampons. **Current conditions require climbers to have experience climbing at French grade 4c.**

Formality : Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

EQUIPMENT

We recommend that you take special care in choosing your equipment because it contributes greatly to the success of your trip. As alpine conditions can be highly variable with sudden changes, it can get very cold in altitude, it is preferable to have numerous layers rather than one thick piece of clothing.

Equipment

- Back pack
- Mountaineering boots with a rigid sole
- Crampons
- Ice axe
- Harness
- Helmet
- Gaters if your trousers require them

Clothing

- Suitable clothing adapted to mountaineering
- Windproof jacket
- A pair of thin gloves
- A pair of warm gloves

Accessories

- Sunglasses category 4
- Suncream
- Gourde at least 1.5L
- Picnic, snacks

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price [Millet](#) (excluding crampons, ice axes and helmet), [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

Our Equipment Partners : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)