Compagnie des Guides de Chamonix

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HIKING - ADVENTURE ON THE GR5 FOR JUNIORS

Duration: 5 | Fitness: ▲▲▲▲△ | Technique: ▲▲▲△△ | Price from: 950 €

From Lake Geneva to Chamonix, your children will experience an immersive nature adventure on one of France's most beautiful long-distance hiking trails: the GR5. This legendary route traverses breathtaking landscapes, offering challenges to overcome and unforgettable memories to share. The experienced and passionate guides will send photos each evening to keep you updated.

ITINERARY

Day 1

Dent d'Oche

Meet early in the morning in Chamonix for a transfer to the heights above Bernex and Lake Geneva. We begin our ascent towards the Dent d'Oche, which we skirt along its south face. After descending to Bise, a charming perched alpine pasture, we stop for lunch to sample local cheeses.
In the afternoon, we climb the Pas de la Bosse before reaching the heights above La Chapelle d'Abondance. The minibus will be waiting to take us to the bivouac camp planned for the night.
Elevation gain: 1100m - Elevation loss: 1050m - Distance: 11.5 km

Day 2

Mont Grange

After packing up camp and a short transfer, we set off from the Peruis chalets to conquer the summit of Mont Grange. A 360° view of the Chablais region unfolds before us, a region we gradually leave behind. The descent takes us along a ridge path to the Col de Bassachaux, from where we admire Lake Montriond. We will camp there and enjoy a well-deserved swim.
Elevation gain: 950m - Elevation loss: 1100m - Distance: 13.5 km

Day 3

Col de Bostan

We begin our hike from the heights of Morzine, not far from Lac des Mines d'Or, to start the ascent towards Pas de la Latte and Tête de Bostan. In the afternoon, we reach the refuge of the same name, located at the foot of the Dents Blanches, with a breathtaking view of the Mont Blanc massif.
The descent to Les Allamands is quick; our campsite awaits us in Sixt-Fer-à-Cheval or Samoëns.
Elevation gain: 1100m - Elevation loss: 1300m Distance: 13 km

Day 4

Col D'Anterne

Starting from Salagny, we take the Cascade Trail, one of the most beautiful in the Alps, with its series of waterfalls, some of which are listed as protected sites. We continue towards the Collet d'Anterne, then the Alfred Wills refuge. The Fiz mountain range is reflected in Lake Anterne, a breathtaking sight. A final push takes us to the Col d'Anterne, from where we have a commanding view of the refuge of the same name **(no luggage access).**
Elevation gain: 1200m - Elevation loss: 350m - Distance: 10.5 km

Day 5

Col du Brévent

On the last day of our trek, we begin at 2,000 meters altitude, starting from the refuge and descending towards the Pont d'Arlevé. We enter the Aiguilles Rouges nature reserve during the ascent to the Col du Brévent. A traverse with ladders leads us to the Brévent, the highest point of the day. The descent takes us past Lac du Brévent, the Bellachat refuge, and then the

Parc de Merlet, where our minibus awaits. End of our stay in Chamonix.
Elevation gain: 950m - Elevation loss : 150m - Distance: 15 km

GROUP BOOKING

The group option brings together several people who may not know each other. For a given program, it allows you to take advantage of an attractive rate on fixed dates. This option is ideal for those seeking the camaraderie of a group.

Dates : See the group booking module below

The departure will be confirmed once the minimum number of participants (8 people) has been reached by the trip confirmation date.

Price 2027 : 950 €

This price includes:
- Organization
- Supervision by 2 certified mountain guides
- 3 nights in campsite (material included : tents, mattress, sleeping bag)
- 1 night in mountain huts in dormitory **(no luggage access)**
- Meals
- Transportation during the hike

This price does not include:
- Souvenirs and drinks (bring euros)
- Repatriation insurance (mandatory)
- Cancellation insurance
- Booking fees

FURTHER INFORMATION

In this section, find all the information about this activity. To prepare your trip effectively, refer to the guides' tips. They share their expertise and recommendations, ensuring you have a great experience. For further information, please contact our advisor (contact details above).

Meeting point : Meet at 8.00 am at the Compagnie des Guides office, 190 Place de l'Eglise, 74400 Chamonix.

Ability level : 4/5 - This section of GR5 crossing is a moderately difficult hike. Expect a minimum of 700m of elevation gain and an average of 5 hours of walking per day. The hike follows generally well-maintained mountain trails. Children should be athletic, able to follow instructions, and capable of working independently within a group. Prior experience with day hikes is recommended.

Itinerary: The guide may need to adjust the itinerary based on weather conditions and/or the physical and/or technical abilities of the group

Guiding policy : The group consists of a maximum of 8 to 14 children supervised by 2 qualified professionals

Accomodation : 3 nights in campsite + 1 night in moutain hut in dormitory
No luggage access on day 4

Documentation :
- Aged between 13 and 15 years old
- Participants must have sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance offering both of these types of cover when you sign up.
- Participants must also take valid ID with them
- Ability to swim certificate
- Health form instruction
- Parental authorization

Preparing for the trip : There is an information meeting with your mountain leader the day before departure at 6pm at the Compagnie des Guides Office.

For the attention of the legal guardian of the registered minor : The legal guardian is aware of the sporting and risky nature of the activities offered as part of this service. Failure to comply with safety instructions and level requirements can lead to accidents.

You must return the following completed documents to us: Parental authorization, Health form instruction + your identity card or passport (valid).

EQUIPMENT

Weight is the hiker's enemy, so pay close attention to your equipment choices as they greatly contribute to a successful trip. Children will be carrying their belongings for the entire trip. Avoid overloading them with unnecessary items.

Your Equipment
- A 30L backpack
- A pair of hiking boots
- A pair of trekking poles
- A hat or cap
- A beanie
- Category 3 sunglasses
- Breathable long- and short-sleeved T-shirts
- A lightweight fleece jacket
- A warm down jacket
- A waterproof jacket (Gore-Tex type)
- A rain poncho
- Hiking pants
- Waterproof pants (Gore-Tex type)
- Shorts
- A pair of gloves
- Hiking socks
- A 2L water bottle (minimum)
- A spork
- A flashlight or headlamp
- Sunscreen and lip balm
- A sleeping bag liner
- Minimalist toiletries (toothbrush, toothpaste, soap, small towel, toilet paper)
- Small personal first-aid kit: Compeed-type blister plasters, medication for common ailments: diarrhea, constipation, sore throat, headache, aches and pains Allergies
- ID, cash for personal expenses

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price Millet (excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop
Our Equipment Partners : Millet, Dynastar, Julbo, Grivel & Monnet