



Compagnie des Guides de Chamonix

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SKI TOURING - VANOISE HAUTE ROUTE

Duration: 5 days

Level: ▲▲▲▲▲

Price from: 1 055 €

In the spirit of the Haute Route Chamonix-Zermatt, the Compagnie des Guides de Chamonix offers a set of "Haute Route" ski tours. The opportunity to make roaming crossings in exceptional landscapes, the certainty of immersion in high mountains and a change of scenery.

Deep in the Savoie region, bordered by two rivers, the Isère and the Drac, home of the great ski resorts of the Tarentaise region, this large mountain range hosts the very first French National Parc: the Vanoise Parc. Ski into a well-preserved wild life sanctuary, and enjoy its extraordinary mountain surroundings. With a landscape ideally adapted to ski touring, and thanks to a network of very comfortable mountain huts, this ski-touring trip truly represents alpine perfection.

The Vanoise Haute Route is only possible for private groups.

ITINERARY

Day 1 : Transfer by local bus from Moutiers to Val Thorens (1 hour).

From Val Thorens, we ride the lift to get to Thorens Pass (3 114 m). After putting our ski-touring skins on, we skin up to Gébroulaz Pass (3 434 m), and enjoy a superb run down the Gébroulaz glacier. We continue towards Lac Blanc and Peclet Polset hut, which was entirely rebuilt recently

Vertical ascent: 320m / Vertical descent: 960m

Day 2 : Several options can be approached to get to Parrachée Hut. The guide will select the route most adapted to snow conditions and group progression. Two possibilities: Brèche de la Croix de la Rue (2 883 m) or Aussois mountain Pass (2 916 m). We ski close to the Fond d'Aussois hut and we skin up to the cosy Parrachée mountain hut (2 511 m).

Vertical ascent: 630m / Vertical descent: 600m

Day 3 : Our day begins with a beautiful tour up Labby glacier to reach Labby pass (3 328 m). Once at the foot of Dent Parrachée we ski down Mahure glacier, and above Arpont lake, to arrive to the Arpont hut (2 309 m), with its typical stone roof.

Vertical ascent: 820m / Vertical descent: 1020m

Day 4 : We ski tour up to Dôme de Chasseforêt (3 586 m), part of the Vanoise Dômes group. We traverse to the Sonailles Dôme (3 361 m), then to the Pelve pass (2 992 m), and put our skins back on our skis to get to the Dard pass (3 135 m).

A beautiful ski run down Roche Ferran glacier takes us to the Vanoise pass and Félix Faure mountain hut (2 516 m)

Vertical ascent: 1420m / Vertical descent: 1220m

Day 5 : The Grande Casse mountain pass and glacier allows us to reach the Grande Casse North face (3 855 m). We admire the dramatic looking Couloir des Italiens. We take an easier route to ski to the valley and the hamlet of Champagny le Haut (1 470 m), followed by a taxi ride to Moutiers.

Vertical ascent: 580m / Vertical descent: 1630m

This programme is meant as a guide only. Depending on the abilities of the group and the conditions in the mountains, your mountain guide may alter the route.

PRIVATE BOOKING

A private booking is the historical relationship that binds a guide to his/her client. It allows you to be alone, or in a constituted group, with your guide that meets your specific needs. It is undoubtedly the ideal formula to realize your projects because it

guarantees you a maximum of comfort. You are free to choose your departure date (depending on the availability of the huts) and the itinerary can be adjusted, according to your specific expectations

Dates : On request, depending on the availability of the refuges
From mid-March to April

Prices 2023 :

- 2 people : 2290€ per person
- 3 people : 1670€ per person
- 4 people : 1360€ per person
- 5 people : 1175€ per person
- 6 people : 1055€ per person

Included in the package:

- IFMGA English speaking mountain guiding service
- half-board in mountain huts (dinner, breakfast and night)
- ski lift access as per programme
- transfers as per programme
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

Not included in the package :

- take out lunches and daily snacks, *you can buy it in huts*
- personal drinks in huts and other personal expenses (we recommend you bring Euros and Swiss Francs)
- cost of getting to meeting point and cost of getting back to Chamonix
- personal technical equipment

FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisor (contact details above).

Meeting point : On Day 1, in Moutier, train station. Your guide will precise you the timetable.

Ability level : An appropriate choice of destination is essential for you to properly enjoy your holiday. To get the most out of your trip we recommend you take regular exercise throughout the year and, where necessary, undertake specific training a few months before you leave. Try to avoid last minute training that can lead to injury. It is important you do not overestimate your abilities and you understand that the weight of your backpack, the altitude and the snow conditions can negatively impact on your normal skiing ability.

Physical level : For people participating in regular endurance activities. Vertical ascent of up to 1300m per day. Seven to eight hours of exercise per day. Backpack includes mountaineering equipment (crampons and ice axe). Carrying skis. Altitudes of under 4000m.

Technical level : For intermediate ski tourers. Varied slopes, a few technical sections (slopes up to 35°). Solid technique in all snow conditions. Mastery of basic mountaineering techniques (walking with crampons and ice axe) and kick turns.

Guiding policy : Maximum 6 people per guide. The Compagnie des Guides de Chamonix's guiding policy is one of the strictest in the mountain guiding business. It guarantees the most balanced groups as possible as well as high-quality personalised advice.

Accommodation : Half-board in huts.

Before & after the trip: We have some hotel partners in Chamonix with special prices for our customers.

Documentation : Participants must have mountain sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance when you sign up. Participants must also take valid ID with them.

Preparing for the trip : One week before the trip, the mountain guide will be in contact to answer any questions you may have.

EQUIPMENT

We recommend you to pay particular attention to the choice of your equipment. It contributes greatly to the success of your stay. Weight is decisive: you always have to evaluate the ratio weight/comfort, to find the best compromise. In a general way, it is better to pile up several light coats rather than wear one big clothing.

Equipment

- Comfortable frameless rucksack of 35l on which you could fix your skis & ice-axe,
- Ski touring skis & shoes, *rentable*
- Adhesive climbing skins & ski knives adapted to your skis, *rentable*
- A pair of poles with large discs, *rentable*
- A security pack including harness, DVA, shovel & probe - this pack will be lend by your guide.
- A pair of light crampons & an ice-axe. *rentable*

Clothing

- Waterproof and windproof, non-insulated parka with hood (Gore-tex or equivalent), *rentable*
- Waterproof and windproof, non-insulated pants, *rentable*
- Thick polar-pile fleece jacket or equivalent,
- A light down jacket,
- 1 long-sleeve shirt,
- Medium weight thermal underwear (top + bottoms, silk or polypro, double as pyjamas),
- Warm ski socks,
- Warm ski hat and light sun hat with brim,
- Warm ski gloves or mittens,
- A pair of adjusted gloves (in leather or fleece),
- Neck protection,
- Spare thermal underwear (for sleeping and change).

Accessories

- High-altitude sunglasses (grade 4 is recommended),
- A goggle,
- 1.5 quart water bottle,
- An isotherm bottle,
- A mini toilet bag including: sun block for face and lips, aspirin, elastoplast, 2nd skin kit, earplug, toilet paper,
- A headlamp with spare batteries,
- A cotton or silk sleeping sheet: compulsory in every hut. - Hut provide blankets, slippers or clogs
- A plastic bag contains your ID card & Euros for extras.

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price [Sanglard Sports, Ravanel & Co](#) & [Concept Pro Shop](#)

Our Equipment Partners : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)