



Compagnie des Guides de Chamonix

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SNOWSHOEING- BASE CAMP AT TERRE ROUGE

Duration: 4 days

Level: ▲▲▲▲▲

Price from: 570 €

Above Valmeinier ski resort, between Maurienne and Haute-Alpes, lies a fantastic area if you want to live an out of time experience, and have a break from everyday life. The great Terre Rouge hut, located at 2182m, at the foot of Mont-Thabor (3178m) in a nature protection area, will be our base camp for the following days. This area is a real paradise where snowshoeing is a fun and sportive pleasure! This will be the time to ascend the Epaule de Roche Noire (3067m), where you can enjoy a view over the Ecrins. Many other great hikes are also waiting for us.

ITINERARY

Day 1 : Chamonix - Valmeinier - Terre Rouge hut

We leave the place called 'Le Désert d'en Haut', near Valmeinier, to go up along the Neuvache river's valley and gradually quit civilization. In summer, this path is part of the Mont-Thabor tour. We continue our hike up to the beautiful La Sausse area, dominated by the Notre Dame des Neiges chapel, where we find a welcoming hut nestled in this setting.

Elevation gain: 600 m

Day 2 : Col de Néevache

We now explore the upper part of Neuvache valley and slide between the tops of Roche Château (2898m), Nevache peak (2892m) and Roche du Chardonnet (2950m). We are overlooked by the giant Mont Thabor (3178m) and Thabor Pic (3202m). We finally reach the Col de Nevache (2794m), situated between Savoy and Haute Alpes. Looking south, we can see the superb sides of Nevache valley and its Clarée river. As we return back to the hut we pass by the Cornu, Ronds and Cursalés lakes. A wonderful day !

Elevation gain: 600 m

Day 3 : Epaule de Roche Noire

We leave the hut and cross the Grands Culets small valley. Here we have a wonderful view from the Epaule de Roche Noire (3000m), with the Ecrins Massif in the bottom. With this panorama as a backdrop, we go down into the extraordinary La Vache valley, and enjoy this perfect mix of fun snowshoeing and amazing landscapes.

Unforgettable!

Elevation gain : 800 m

Day 4 : Terre Rouge hut - Valmeinier

From the upper part of Neuvache valley, we go back down to Valmeinier, enjoying a completely different landscape than that of the first day.

Elevation gain : 600 m

Guides and leaders may have to adapt the program and hiking route depending on weather/terrain conditions and according to the groups hiking skills.

GROUP BOOKING

Group session associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates 2021 : March 01 to 04 - March 22 to 25.

Price 2021 : 570 € per person, based on a minimum of 4 participants.

Included in the package :

- Organisation and mountain Leader guiding service,
- three nights half-board in dormitory in a mountain hut,
- picnic lunches,
- transfer between Chamonix and departure/arrival point,
- snowshoe, pole, avalanche transceiver (DVA), shovel and probe rental.

Not included in the package :

- Drinks and personal expense (souvenirs...),
- repatriation insurance (mandatory).
- anything not mentioned in « included in the package.

FURTHER INFORMATION

Meeting point : meet at 8:00 am at the Compagnie des Guides office in Chamonix.

Ability level : 3/5 - moderate trek. For active people who does not mind training to prepare for the hike. Multi-day snowshoe hike for people with trekking experience. 5 to 6-hour hike with average vertical gain between 400 m and 800 m. Snowshoe hikes on steeper terrain. Prior experience recommended.

Guiding policy : each mountain leader can guides a group from 4 to 8 people. The Compagnie des Guides de Chamonix's guiding policy is one of the strictest in the mountain guiding business.

Accommodation : 3 half-board nights in Terre Rouge hut.

Before & after the trip: We have some hotel partners in Chamonix with special prices for our customers.

Documentation :

- **Participants must have an insurance with repatriation cover.** Cancellation insurance is highly recommended. You can take out insurance offering both of these types of cover when you sign up.
- **Participants must also take valid ID with them.**

EQUIPMENT

We recommend you to pay particular attention to the choice of your equipment. It contributes greatly to the success of your stay. Weight is decisive: you always have to evaluate the ratio weight/comfort, to find the best compromise. In a general way, it is better to pile up several light coats rather than wear one big clothing.

Hiking boots

- Boots for snowshoeing should be warm and waterproof. They should also provide high ankle support. New boots should be worn a couple of times before.
- If your feet tend to get blisters easily, you can apply baby talc on dry feet in the morning before wearing your socks.

Back-pack

- Minimum size 40 L (a back-pack with extra room is better than too small).
- Once everything is packed, make sure there is enough room to fit your picnic lunch.
- Although backpack covers are very convenient in bad weather, we recommend using a very large plastic bag as a pack-liner to protect your personal belongings from getting wet.

Clothing

Underwear : avoid using cotton. Compared to technical synthetic material, it is heavier and it dries slowly. Wool is also getting popular amongst sportswear brands. Synthetic and wool are warmer ; they dry fast, and allow you to pack light.

Carrying weight

Taking enough time to pack is essential, as you are going to carry every item for several days in a row. Avoiding extra weight can easily be done by packing your clothes tightly, placing heavy items at the bottom of the pack, and avoiding empty spaces. As a result weight is better spread throughout your back and weight impression diminished).

Daily needs

- 1 synthetic long-sleeve shirt
- 1 light polar fleece
- 1 pair of Goretex pants, 1 long synthetic underwear to wear under your trousers
- 1 a pair of wool socks
- 1 Goretex jacket
- 1 pair of fleece gloves, 1 pair of mittens, 1 pair of silk gloves
- 1 warm hat, a scarf or neck warmer

- 1 water bottle (1.5 quart, to 2 quarts minimum) isothermal if possible
- 1 pocket knife + 1 « spork »
- Cap or sun-hat and sunglasses (category # 3 minimum), sunscreen (face and lips)
- A camera and a pair of binoculars (optional).

What you need for the entire trip

- Down jacket or warm polar fleece
- Long underwear or sweat pants for the evening
- Changes of clothes: (T-shirt, underwear and socks) prefer synthetic to cotton
- Pocket light or head lamp
- Individual first aid kit *
- Ultra-light shower kit (feel free to customize ...) + synthetic « dry fast » towel
- 1 one-person sleep-sheet (silk is the most comfortable and remains the lightest)
- ID card or passport + spare change for personal expenses + paper tissues and toilet paper
- Gaiters (recommended if your Goretex pants don't have a boot-skirt)
- A small amount of laundry detergent

* *Elastoplast (stretchable strapping tape), band-aids, second skin, medicine for common aches and pains (diarrhea, headaches, sore throat...). Don't forget to bring personal prescription treatment if you have one. Mountain leaders also carry a complete first aid kit.*

Partners : You can rent your equipment with our rental shops partners and benefit from special price [Sanglard Sports & Ravanel & Co](#) .

A 10€ discount voucher coming from the shop [Au Vieux Campeur](#) will be given to the first 500 clients from the 'Cie des Guides' (voucher to be collected at our office). Closest shop 'Au Vieux Campeur' : Sallanches.

PRIVATE BOOKING

You are a private group, you can ask for a customized trip.

- Exclusive guide
A more individualized relationship between your group and the professional.

- Choose your date of departure

You can choose your date of departure within the limit of the hut availabilities.

- Flexibility all along the trip

Depending on weather conditions, your level and your expectations, the guide can suggest you some different options of itinerary.

Prices 2020-2021:

- 2 people: 1080€ per person
- 3 people: 795€ per person
- 4 people: 655€ per person
- 5 people: 570€ per person
- 6 people: 510€ per person
- 7 people: 470€ per person
- 8 people: 440€ per person

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