



Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix - France - Tél : + 33 (0)4 50 53 00 88

www.chamonix-guides.com - e-mail : info@chamonix-guides.com

RANDONNEE - THE REVERSE SIDE OF THE AIGUILLES ROUGES (BIVOUAC VERSION)

Duration: 2 days

Level: ▲▲▲▲▲

Price from: 250 €

Because we have all missed it, we propose two days of hiking with bivouac to help us find our freedom! The Aiguille Rouges massive, opposite the Mont-Blanc range, is the ideal playground for a weekend getaway. With complete autonomy, we will take advantage of the green pastures of Pormenaz to spend the night in a bivouac under the stars and the majestic Mont Blanc.

Autonomous stay, tent and sleeping bag are provided. Use of public transport for the start and return of the hike.

ITINERARY

Day 1: Buet - Vallon de Villy

We reach the village of Buet by train, the starting point of our hike. From there, we follow the water up the superb Bérard valley towards the Col de Salenton (2,526m). We enter the kingdom of the ibex and vulture. At the crossroads of three natural reserves, between crystalline and sedimentary rocks, we are offered a sublime landscape. We continue through the wild valley of Villy towards the refuge of Moède Anterne and then to the lake of Pormenaz (1 845m), the perfect place for our bivouac. Respecting the flora and fauna, each in our own tent, we will spend the night in this idyllic setting facing the Mont Blanc.

Elevation gain : 1 200m - Elevation drop : 700m

Day 2: Vallon de Villy - Servoz

We break camp in the early morning to cross the Pormenaz plateau. This historic, suspended pasture in the Chamonix valley faces the Mont-Blanc with all the magnificent views that you would expect. We will have a chance to meet the shepherd working in this beautiful site before descending towards Servoz, a typical and unspoiled village in the Chamonix valley. We will arrive in the afternoon at Servoz train station where we will take the public transport back to Chamonix.

Elevation gain : 500m - Elevation drop : 1 200m

The guide may have to adapt the route to weather conditions and/or to group physical and/or technical ability.

GROUP BOOKING

Group session associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates 2020 :

Every weekend, starting mid-june to mid-september

Price 2020 : 250€ per person based on minimum 2 participants.

Included in the package :

- The organization and supervision of each tour by a state qualified trekking guide/s
- Tent and sleeping bag rental
- Shuttle from and back to Chamonix. We will use public transport to reach the Buet hamlet and get back to Chamonix.

Not included:

- According to the measures taken by the French government to avoid the spreading of the Covid-19, meals are not included. Make sure to have food for 4 meals (lunchs, diner and breakfast). cf. equipment list

- Drinks and personal expenditure (you need at least 2 liters of water)
- Repatriation insurance (mandatory)

FURTHER INFORMATION

Rendez-vous : at 8.00 am in front of the Compagnie des Guides in Chamonix on Day 1.

Ability level : 3/5 - Moderate trek. A minimum of 700m (2350ft) vertical gain and about 5 to 7 hours of hiking daily. Hiking on generally well-maintained mountain trails, sometimes including easy out-of-trail sections. For active people who do not mind training to prepare for the hike. A great multiday hike for people with trekking experience.

Guiding policy : by a state qualified trekking guide with a maximum of 12 people in the group.

Important : no booking accepted in our scheduled groups for people under the age of 18 without a legal guardian.

Accommodation :

- 1 night under a tent. Carrying your own belongings in your backpack.
- Before & after the trip : we have some hotel partners in Chamonix with special prices for our customers. If you want to receive information just ask Anaïs.

Documentation :

- Participants must have an insurance with repatriation cover. Cancellation insurance is highly recommended. You can take out insurance offering both of these types of cover when you sign up.
- Participants must also take valid ID with them.

Preparing for the trip : you are welcome to come and meet your guide the evening before at our office at 6 pm.

EQUIPMENT

Hiking boots

- Ankle supporting boots with notched technical rubber sole (i.e. VIBRAM).
- We strongly recommend wearing new boots (several days and preferably hiking) to break them in before the hike.
- To avoid blisters, try rubbing baby talc on dry feet before using boots (sprinkling talc inside boot works too)

Back-pack

- Minimum size recommended 40 L (bigger is better than too small). Keep enough space in the bag for your food (4 meals), it should fit AFTER packing all your personal belongings.
- Bad weather precaution: pack covers are great to protect pack from rain or snow. We also recommend packing your belongings in a large and solid plastic bag (i.e. garbage bag) for a better protection in case of heavy rainfall.

Food

Plan to take enough food for 4 meals (lunches, dinner and breakfast). For example : bread, ham, cheese, snacks, cereal bars, solid fruits (apple), trail mix and at least 2 liters of water.

Clothing

Avoid using cotton underwear. Compared to technical synthetic material, it is heavier and it dries slowly. Wool is also getting popular amongst sportswear brands. Synthetic and wool are warmer; they dry fast, and allow you to pack light (you can easily wash a piece of underwear in the sink as you arrive at the mountain inn/hut. It'll be dry before you finish your first beer!)

Carrying weight

Taking enough time to pack is essential, as you are going to carry every item for several days in a row. Avoiding extra weight can easily be done by packing your clothes tightly, placing heavy items at the bottom of the pack, and avoiding empty spaces. As a result weight is better spread throughout your back and weight impression diminished. Your back pack should not exceed 19 pounds (9kg).

DAILY NEEDS

- 1 long-sleeve shirt + 1 Tshirt (both synthetic)
- 1 polar fleece + 1 light down jacket (or a second fleece)
- 1 pair of shorts + 1 pair of hiking pants
- 1 pair of synthetic hiking socks
- 1 Goretex jacket (waterproof windbreaker)
- 1 poncho (large rain cover that fits over your pack) or 1 pack cover
- 1 pair of rain pants (although light Gore-tex pants are expensive, other types of light rain pants work too)
- 1 water bottle (1.5 quart, to 2 quarts minimum)

- 1 pocket knife + 1 « spork »
- Sun hat or ball cap, sunscreen, sun glasses, lip protection.
- 1 warm hat and a pair of gloves
- 1 pair of telescopic poles

FOR THE ENTIRE HIKE

- 1 changes of clothes: (T-shirt, underwear and socks) prefer synthetic to cotton
- 1 pair of long underwear (synthetic recommended)
- 1 pair of ultra-light shoes (i.e. flip flops, slippers)
- 1 pocket light or head-lamp
- Personal first aid kit **
- 1 one-person sleep-sheet (silk is the most comfortable and remains the lightest)
- Ultra-light shower kit (feel free to customize ...) + synthetic « dry fast » towel
- ID card or valid passport + small change/ bills for personal expenses.
- Optional : low gaiters (early season trekking), camera, binoculars, umbrella, etc ...

*** Elastoplast (stretchable strapping tape), band-aids, second skin, medicine for common aches and pains (diarrhea, headaches, sore throat...) Don't forget to bring your personal prescription treatment if you have one. Mountain leaders also carry a complete first aid kit. Remember that packing light is essential.*

PRIVATE BOOKING

You are a private group, you can ask for a customized trip.

ADVANTAGES :

- Exclusive guide

A more individualized relationship between your group and the professional.

- Choose your date of departure

You can choose your date of departure within the limit of the hut availabilities.

- Flexibility all along the trip

Depending on weather conditions, your level and your expectations, the guide can suggest you some different options of itinerary.

For any further information, please contact **Anais** :

Tel : +33 4 50 53 92 78 or Email : anais@chamonix-guides.com

Compagnie des Guides de Chamonix Mont-Blanc. 190, place de l'église 74400 Chamonix
SAS au capital social de 364 400€ - R.C.S Annecy - SIRET 448 519 306 000 14 - Code APE 7911 Z
TVA intracommunautaire FR 23 448 519 306 - Immatriculation ATOUT France IM074 150011

Responsabilité civile professionnelle : MMA IARD - 14 Bd Marie et Alexandre Oyon - 72 000 Le Mans - Police 125 901 025

Garantie financière : GROUPAMA ASSURANCE - 5, rue du Centre - 93199 Noisy le Grand Cedex - Contrat #4000713874/1