



Compagnie des Guides de Chamonix

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HIKING - TOUR DU MONT BLANC FOR KIDS

Duration: 6 days

Level: ▲▲▲▲▲

Price from: 790 €

The Compagnie des Guides de Chamonix has developed a collection of tours and summer camps especially for children aged 9 to 13. Based around different daily physical activities, they allow your children to meet new people, improve their self-confidence and develop an awareness of environmental issues while exploring the mountains of the Mont Blanc Massif.

- 6-day summer camp: Outdoor and hiking activities with accommodation in tents and mountain huts
- [6-day Tour du Mont Blanc](#): Route specially developed for children with accommodation in tents
- [4-day Tour des Fiz](#): Hike in the heart of the Sixt-Passy nature reserve with accommodation in mountains huts and gîtes

The Chamonix Compagnie des Guides has developed a Tour du Mont Blanc especially designed for children aged 9 to 13. The stages have been designed to ensure that the tour is as evenly spread as possible with no major difficulties. At night we camp to maintain a suitable environment. Throughout the trip there are fun and educational activities, such as tours of high mountain pastures, themed evenings and entertainments, stewardship of the campsite, and not forgetting the chance to go shopping in Courmayeur!

To best meet the needs of the children, logistics have been specifically designed and based on supervision by three mountain professionals. There are two hike leaders for the groups and one person managing the trip logistics who can help if necessary. We manage the luggage transfers, so your child only has to carry a light backpack.

It's never too early to start serious hiking! This is a real immersion in the mountain environment to make the most of this legendary route in the Northern Alps!

ITINERARY

Day 1 : Chamonix - Trient

We start our beautiful hike from the village of Le Tour. We hike up to the Col de Balme and the Swiss border. After saying goodbye to Chamonix Valley and the Aiguilles Rouges range, we enjoy our descent towards the Swiss village of Trient (1326m). Night at Col de la Forclaz campsite.

Elevation gain : 800m - Elevation drop : 800m

Day 2 : Trient - La Fouly

Starting from the Forclaz pass (1526m), the hike meanders into the forest above the upper Rhone valley and the old roman town of Martigny. Lunch will take place nearby a herd of black Swiss cows, at the "Bovine" alpine meadows (1987m). After lunch, we hike down to Champex (1482m) where we'll meet our minivan and drive to the campground in La Fouly.

Elevation gain : 460m - Elevation drop : 500m

Day 3 : La Fouly - Val Veny

We leave the Swiss Val Ferret for a hike up and across beautiful Swiss alpine pastures, where we meet a shepherd and his herd of sheep. At the Grand Ferret pass (2490m), we walk across the Italian boarder, enjoying the stunning views of the Italian side of Mont Blanc. Mont Dolent stands proudly on the right with the 3 alpine boarders meeting on its summit. The descending trail allows great views of Pré de Bar and Miage glaciers. We spend the night in a campsite at Planpincieux.

Elevation gain : 700m - Elevation drop : 800m

Day 4 : Val Ferret - Courmayeur

Today a nice traverse of the Saxe Mountain is waiting for us. From the hamlet of Lavachey (1650m) we reach the famous Walter Bonatti mountain hut. The small valley of Malatra lead us to the pass "d'Entre deux sauts" (2521m) followed by the pass

“Col des sapins” (2435m). The follow Sapin valley’s path to reach the hamlet of Villair Superiore where we stop our hike for the day. It is now time to enjoy nice ‘gelati’ in Courmayeur. Night in a campsite in Val Veny.

Elevation gain : 1150m - Elevation drop : 1300m

Day 5 : Val Veny - Les Mottets mountain hut

Starting from the Visaille hamlet (1659m), we heading towards the cold waters of Combal lake. Step by step we reach the Italian-french border the “Col de la Seigne” pass (2516m). It is time to say goodbye to the Italian side of Mont Blanc. On our way down we walking through the Beaufortin mountain pastures full of goats and the famous Tarine cows. We spend the night in Les Mottets mountain hut.

Elevation gain : 900m - Elevation drop : 700m

Day 6 : Les Mottets mountain hut - Les Contamines

Today we are doing the Col du Bonhomme pass (2433m), a nice hike up through the mountain pasture where we might have surprising encounters and surely a nice lunch on a natural terrace. Step by step we are heading down to Notre Dame de la Gorge. This is the end of our hike. Transfer back to Chamonix around 5p.m, it will be time to say good bye ... until our next junior trip in the Alps together!

Elevation gain : 900m - Elevation drop : 1200m

The guide may have to adapt the route to weather conditions and/or to group physical and/or technical ability.

GROUP BOOKING

Group session associates several people who don’t know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates in 2022 : Find all the dates available in the drop-down list below.

Price for 2022 : 790 € per person - based on a minimum of 10 participants.

This price includes :

- The organization and supervision by 2 state qualified trekking guide,
- half-board accommodation in campsites,
- picnic lunches,
- lift passes,
- transfers throughout the hike,
- luggage transportation throughout the trek (1 piece of luggage per person, maximum 15kg).

Not included in the price :

- Drinks and personal expenditure (souvenirs...),
- repatriation insurance (compulsory).

FURTHER INFORMATION

In this section, find all the information about this activity. For further information, please contact our advisor (contact details above).

Meeting point : meet at 8.30 am at the Compagnie des Guides office, 190 Place de l’Eglise, 74400 Chamonix.

Ability level : 3/5 - Junior Tour du Mont-Blanc hiking trip is a moderate trek. A minimum of 700m (2350ft) vertical gain and about 5 to 7 hours of hiking daily. Hiking on generally well-maintained mountain trails, sometimes including easy out-of-trail sections. For active people who do not mind training to prepare for the hike. A great multiday hike for people with trekking experience.

Guiding policy : minimum of 10 and a maximum of 14 children per group. The Compagnie des Guides de Chamonix’s guiding policy is one of the strictest in the mountain guiding business. It guarantees the most balanced groups as possible as well as high-quality personalised advice.

- 2 state qualified trekking guides (1 man, 1 woman) for each group are dedicated to our junior tours
- 1 state qualified trekking guide is managing the trip logistics and can help if necessary

Accommodation : 5 nights under tents in a campground. Our campsite is equipped with 3/4 people tents and a large group tent used for meals and meetings.

Meals : our guiding team prepares healthy balanced meals daily, using fresh local products as much as possible. Naturally, food preferences of the children are taken into consideration.

Documentation :

- Participants must have sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance offering both of these types of cover when you sign up.
- Participants must also take valid ID with them.

Parents also need to provide us with the following completed and signed documents:

- Authorization to leave the French country

Preparing for the trip : There is an information meeting with your mountain leader the day before departure at 6pm at the Compagnie des Guides Office.

For the attention of the legal guardian of the registered minor : The legal guardian is aware of the sporting and risky nature of the activities offered as part of this service. Failure to comply with safety instructions and level requirements can lead to accidents

EQUIPMENT

We recommend that you take special care in choosing your equipment because it contributes greatly to the success of your trip. As alpine conditions can be highly variable with sudden changes, it can get very cold in altitude, it is preferable to have numerous layers rather than one thick piece of clothing. It is not uncommon to have snow in the middle of summer, do not skimp on warm clothes even if the weather seems favourable. Contrarily, the sun can be scorching hot. Without weighing too much, you should always have sufficient equipment in your backpack to deal with the capricious and severe weather.

Equipment

- A comfortable backpack with sufficient volume for the days belongings which is properly adapted to the child's morphology. . Make sure you have enough space for the picnic. A small tip in case it rains : even if you have a backpack cover, always protect your belongings in a plastic bag (a big rubbish bag) inside your backpack.
- A compact and solid travel bag, maximum 15kg, with the child's name. If the sleeping bag is too large place it in another bag.
- A pair of hiking boots with Vibram or Contagrip soles. For new shoes, we strongly suggest that you wear them beforehand to mold them to the shape of your foot. If you are prone to blisters : talcum powder applied to dry feet and in your shoes before you start your days hiking. Provide elastoplast to put on their heels and sides of their feet.

Clothing

For added comfort regarding underwear, (t-shirts, boxers, socks), avoid cotton which is heavy, cold and dries very slowly. Opt for synthetic technical fabrics or wool, which is making a comeback. They are warmer and dry quickly.

For the hike :

- 1 short-sleeved t-shirt
- 1 long-sleeved t-shirt (technical fabric)
- 1 polar fleece
- 1 pair of shorts
- 1 pair of hiking trousers
- 1 pair of hiking socks (technical fabric/terrycloth)
- 1 Goretex jacket (waterproof windbreaker)
- 1 poncho (large rain cover that fits over your pack) or 1 pack cover
- 1 pair of waterproof trousers (although light Gore-tex trousers are expensive, other types of light waterproof trousers will do)
- Sun hat or baseball cap
- 1 warm hat
- 1 pair of gloves

For the entire trip (spare items for the luggage in the bus) :

- 6 pairs of socks
- 5 underpants
- 5 T-shirts
- 3 shorts
- 1 pair of jogging trousers and sweater
- 1 sweatshirt
- 1 warm jumper
- 1 undershirt/jumper
- 1 warm outfit for the evening (down jacket or thick fleece)

Accessories

For the day :

- Sunglasses
- Sun cream and lip salve
- 1 water bottle (minimum 1 litre but 1.5 litres is better)
- 1 knife
- 1 fork (type "spork")
- 1 pair of telescopic poles

For the entire trip :

- 1 sleeping bag
- 1 ground sheet/matress (optional)
- 1 pair of comfortable shoes or flip flops
- Toiletries, hand towel, bath towel
- Flashlight or headlight
- Games, playing cards, book
- Personal pharmacy : elastoplast, (stretchable strapping tape), band-aids "second skin" kit, compresses, medicines for common ailments : diarrhea, constipation, sore throat, headaches, pain relief, allergies and any prescribed medication. The mountain leader always carries a first aid kit with them. Remember that packing light is essential.

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

Our Equipment Partners : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)